



INFLUENZA VACCINATION TOOL FOR NPs

Influenza vaccination is one of the best ways to prevent flu-related illness, hospitalization and death.

A strong recommendation from a health care provider is the number one factor in helping patients decide to get vaccinated.

Here are some tips for making a strong influenza vaccination recommendation:

Instead of ...

Try ...

Assume the patient or parent will be willing to accept your recommendation.

"Would you/your child like a flu vaccine today?"

"Today, you are/your child is due for a flu vaccine."

Share personal experiences about influenza vaccination.

"I would get the vaccine."

"Every year, I get the flu vaccine myself and recommend it for my own parents/children/family members."

Be prepared to listen to and address patient concerns.

"That's a common misconception."

"I understand why you might be concerned about this. Let's talk a little about how the flu vaccine works ..."

Reminders for influenza vaccination recommendations:

- Everyone ages 6 months and older should receive an influenza vaccine.
- Vaccinations should ideally be administered by the end of October, but influenza vaccination should be offered throughout the season.
- Those eligible for both influenza and COVID-19 vaccinations can receive them at the same time.
- For people 6 months to 64 years of age, any age-appropriate influenza vaccine can be used, with no preference for one vaccine over another.
- For people 65 years of age or older, preference should be given to high-dose or adjuvanted influenza vaccines.

Talk with patients about appropriate vaccinations — including influenza vaccination — at every visit.
EVERY VISIT IS A VACCINE VISIT!



INFLUENZA VACCINATION TOOL FOR NPs

Influenza vaccination is one of the best ways to prevent flu-related illness, hospitalization and death.

2022-2023 Influenza Vaccines

Influenza Vaccines by Age Range

Indicated age range	Vaccine type	Egg-based	Dose	Brand	Route	Notes
≥6 months	IIV4	Yes	Standard	Fluarix Quadrivalent	IM	
				FluLaval Quadrivalent	IM	
				Fluzone Quadrivalent	IM	
	ccIIV4	No	Standard	Flucelvax Quadrivalent	IM	
6-35 months	IIV4	Yes	Standard	Afluria Quadrivalent	IM	Age-based dosing (0.25 mL)
≥3 years	IIV4	Yes	Standard	Afluria Quadrivalent	IM	Age-based dosing (0.5 mL)
2-49 years	LAIV4	Yes	Standard	FluMist Quadrivalent	IN	
≥18 years	RIV4	No	High	Flublok Quadrivalent	IM	Preferential recommendation in people ≥65 years
≥65 years	IIV4	Yes	High	Fluzone High-Dose Quadrivalent	IM	Preferential recommendation in people ≥65 years
		Yes	Standard	Fluad Quadrivalent	IM	Preferential recommendation in people ≥65 years Contains MF59 adjuvant

ccIIV4, cell culture-based inactivated influenza vaccine, quadrivalent; IIV4, inactivated influenza vaccine, quadrivalent; IM, intramuscular; IN, intranasal; LAIV4, live attenuated influenza vaccine, quadrivalent; RIV4, recombinant influenza vaccine, quadrivalent

Note: Children aged 6 months to 8 years who have not received a prior influenza vaccine or who have received only one influenza vaccine prior to July 2022 should receive 2 doses of an influenza vaccine, separated by at least 1 month.

Resources:

- [American Academy of Pediatrics](#)
- [Centers for Disease Control](#)

Talk with patients about appropriate vaccinations — including influenza vaccination — at every visit.
EVERY VISIT IS A VACCINE VISIT!