Peeling Back the Layers: A Best-Practice Approach to Managing Atopic Dermatitis

**Program Details**

**Goal** To prepare the NP in clinical practice to recognize and assist patients to appropriately manage Atopic Dermatitis

**Target Audience** NPs in Primary Care

**Accreditation** These activities were approved for 1.0 contact hours of continuing education (CE), including 1.0 hour of pharmacology credit) by the American Association of Nurse Practitioners.

**Data Analysis** Utilizing infographics, case studies, and patient photos, learners were asked to integrate evidence-based strategies to improve identification, management, and treatment of patients with atopic dermatitis (AD).

**Methods**

Utilizing infographics, case studies, and patient photos, learners were asked to integrate evidence-based strategies to improve identification, management, and treatment of patients with atopic dermatitis (AD).

**Delivery Formats**

*10-Live presentations* between March 2019 and October 2019

- Session recorded at AANP National Conference June 2019

**Faculty**

Margaret Bobonich DNP, FNP-C, DCNP, FAANP
Peggy Vernon RN, MA, CPNP, FAANP
Susan Toffe BSN, MS, FNP-C

**Learning Objectives**

*Recognize* Atopic Dermatitis and classify severity according to most recent guidelines.

*Integrate* patient-centered, best-practice approach to educate patient/parent on AD disease management.

*Select* best individualized treatment(s) based on classification of severity.

**Live Event Venues**

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**Live Sessions Total Learners 1,408**

**On-Demand Total Learners 1,236**

This activity was supported by an independent educational grant from Pfizer

**Data source** Combined

**Combined** Live, Enduring, Follow-up

**Data Analysis** Utilizing Excel data brought into IBM Statistics Package for the Social Sciences for analysis, descriptive statistics paired analysis of pre/post results filtered to include only learners who treat patients with AD.

"AD became manageable more quickly than with previous attempts."

"Referred to dermatologist and started on biologic and AD has tremendously improved."

"Better control of symptoms"

"Better patient education" "AD tremendously improved with biologic."

"More confidently diagnose" "Consider biologics sooner" "Incorporate systemic and topical immunomodulators earlier"