

Patient: _____ DOB: ___ / ___ / ___ DATE: ___ / ___ / ___

Washes:

- Benzoyl Peroxide wash 2.5% | 5% | 10% to _____ once a day | twice a day _____
- Sulfa wash (10% sulfur soap) to _____ once a day | twice a day _____
- Neutrogena® foaming wash to _____ once a day | twice a day _____
- Cetaphil® gentle/CeraVe® foaming wash to _____ once a day | twice a day _____

Other instructions: _____

Topical medications:

- Metronidazole _____ gel | cream to _____ once a day | twice a day
- Ivermectin 1% cream to _____ every morning
- Clindamycin 1% gel | lotion to _____ every morning
- Dapsone 5% | 7.5% gel to _____ once a day | twice a day
- Tretinoin 0.01% | 0.025% | 0.05% | .1% to _____ every night | every other night
gel | cream | lotion other: _____

When using on the face, use pea size amount only. Avoid eyes, nasal creases and corners of mouth.

Apply recommended moisturizer to face at night before applying Tretinoin.

Other instructions: _____

Oral medications:

- Doxycycline _____ mg once a day | twice a day for _____ days/months
- Sarecycline _____ mg once a day for _____ days/months
- Sulfamethoxazole/Trimethoprim once a day | twice a day for _____ days/months
- Minocycline _____ mg once a day | twice a day for _____ days/months

All antibiotics should be taken with a large meal and 8 oz of water. Do not lay down for at least 30 minutes afterward.

- Florastor probiotic once a day | twice a day 2 hours after antibiotic pill
- Isotretinoin _____ mg once a day | twice a day
- Spironolactone _____ mg once a day | twice a day

Other instructions: _____

IMPORTANT: DO NOT TAKE THESE MEDICATIONS IF YOU ARE PREGNANT OR LACTATING. INFORM YOUR PROVIDER IF YOU ARE PLANNING ON A PREGNANCY. THESE MEDICATIONS CAN LEAD TO BIRTH DEFECTS AND/OR CAN HARM YOUR FETUS OR CHILD. IF YOU ARE ON ORAL BIRTH CONTROL, YOU MUST USE A SECOND FORM OF BIRTH CONTROL. ORAL ANTIBIOTICS INTERFERE WITH YOUR BIRTH CONTROL PILLS AND YOU CAN GET PREGNANT.

ATTENTION: Your pharmacy does not always inform us if you were unable to get your prescriptions. If you have any issues picking up your medications (whether it be that the pharmacy did not receive the prescriptions, they were too expensive or they were not covered by your insurance), PLEASE CALL THE OFFICE at _____ within 24-48 hours and inform us so we can address the problems. Otherwise, we will just assume you received your medication.