COLORECTAL CANCER

Preventable. Treatable. Beatable.

Colorectal cancer (CRC) is the third most common cancer and second leading cause of cancer deaths in the United States.

> But, when detected and treated **early**, CRC has a





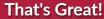
Have you been screened for CRC?

Health care providers recommend people with average risk factors begin screening at age 45.



Are you over age 75?

People over age 75 should discuss CRC screening with their health care provider.



Make sure to continue screening and follow-up as recommended.

Do you have a family history of CRC?



Having a parent, sibling, or child with CRC increases your risk.

Do you have any other risk factors for CRC?



Heavy Alcohol Consumption



Excess Red/ Processed Meat



Inflammatory **Bowel** Disease

Do you have any of the following signs or symptoms?

- Change in bowel habits
- Blood in your stool
- Rectal bleeding
- Abdominal pain that persists
- Fatigue
- Unexplained weight loss



YES

NO





Smoking

CRC Screening Recommended.

Review screening options on the next page.

CRC Screening Options Compared

	Frequency	May Be Done at Home	Cost/ Insurance Covers	Finds Polyps	Removes Polyps and Can Biopsy	Finds Cancer	Requires Prep	Requires Stool Sample
INVASIVE/DIRECT VISUALIZATION TESTS								
Colonoscopy	10 Years	X	Check Insurance Plan	\			√	X
CT Colonography (CTC)	5 Years*		Check Insurance Plan			Sign and company		X
Flexible Sigmoidoscopy	5 Years*							X
NONINVASIVE, STOOL-BASED TESTS								
Guaiac-based Fecal Occult Blood Test (gFOBT)	Yearly*	V		×		!	×	V
Fecal Immuno- chemical Test (FIT)	Yearly*	V	\	X		·	X	√
MT-sDNA Test (Cologuard®)	3 Years*	√	√	√		I	X	√
NONINVASIVE, BLOOD-BASED TESTS								
cfDNA Test (Shield™)	Not Specifed*	X	Check Insurance Plan	X			X	X
 ✓ = Yes ✓ = Will Need Follow-up/Further Testing ✓ = No ✓ = Not Applicable 				The right screening test is the one you're willing and able to do ! Talk with your health				

*Need colonoscopy if positive.

care provider about CRC screening options.

Sources: American Cancer Society. Colorectal Cancer Facts & Figures 2023-2025. Atlanta: American Cancer Society; 2023; Colon Cancer Coalition. 2018. Colon Cancer Screening Guide. Available at: https://coloncancercoalition.org/resources/educational-materials; US Food and Drug Administration. Shield - P230009. Available at: https://www.fda.gov/medical-devices/recently-approved-devices/ shield-p230009; US Food and Drug Administration. Colorectal Cancer: What You Should Know About Screening. Available at: https:// www.fda.gov/consumers/consumer-updates/colorectal-cancer-what-you-should-know-about-screening.

