

# COLORECTAL CANCER

Preventable. Treatable. **Beatable.**

Colorectal cancer (CRC) is the **third most common cancer** and **second leading cause of cancer deaths** in the United States .

But, when detected and treated **\*\*early\*\***,  
CRC has a

**90% SURVIVAL RATE**

ARE YOU **45 TO 75**  
YEARS OLD?

YES

NO

Have you been screened for CRC?

Health care providers recommend people with average risk factors begin screening at age 45.

NO

YES

**That's Great!**

Make sure to continue screening and follow-up as recommended.

NO

Are you over age 75?

People over age 75 should discuss CRC screening with their health care provider.

Do you have a family history of CRC?

Having a parent, sibling, or child with CRC increases your risk.

YES

NO

Do you have any other risk factors for CRC?



Type 2 Diabetes



Obesity

Excess Red/  
Processed  
Meat  
Consumption



Heavy  
Alcohol  
Consumption



Smoking



Inflammatory  
Bowel  
Disease

NO

Do you have any of the following signs or symptoms?

- Change in bowel habits
- Blood in your stool
- Rectal bleeding
- Abdominal pain that persists
- Fatigue
- Unexplained weight loss

NO

YES

Talk to your health care provider about when/if you should get screened for CRC.

YES

**CRC Screening Recommended.**

Review screening options on the next page.

# CRC Screening Options Compared

	Frequency	May Be Done at Home	Cost/ Insurance Covers	Finds Polyps	Removes Polyps and Can Biopsy	Finds Cancer	Requires Prep	Requires Stool Sample
<b>INVASIVE/DIRECT VISUALIZATION TESTS</b>								
Colonoscopy	10 Years	✗	Check Insurance Plan	✓	✓	✓	✓	✗
CT Colonography (CTC)	5 Years*	✗	Check Insurance Plan	✓	✗	✓	✓	✗
Flexible Sigmoidoscopy	5 Years*	✗	✓	✓	✓	✓	✓	✗
<b>NONINVASIVE, STOOL-BASED TESTS</b>								
Guaiac-based Fecal Occult Blood Test (gFOBT)	Yearly*	✓	✓	✗	—	!	✗	✓
Fecal Immunochemical Test (FIT)	Yearly*	✓	✓	✗	—	!	✗	✓
MT-sDNA Test (Cologuard®)	3 Years*	✓	✓	✓	—	!	✗	✓
<b>NONINVASIVE, BLOOD-BASED TESTS</b>								
cfDNA Test (Shield™)	Not Specified*	✗	Check Insurance Plan	✗	—	!	✗	✗

✓ = Yes    ! = Will Need Follow-up/Further Testing  
 ✗ = No    — = Not Applicable

**\*Need colonoscopy if positive.**

**The right screening test is the one you're willing and able to do! Talk with your health care provider about CRC screening options.**

Sources: American Cancer Society. Colorectal Cancer Facts & Figures 2023-2025. Atlanta: American Cancer Society; 2023; Colon Cancer Coalition. 2018. Colon Cancer Screening Guide. Available at: <https://coloncancercoalition.org/resources/educational-materials/>; US Food and Drug Administration. Shield - P230009. Available at: <https://www.fda.gov/medical-devices/recently-approved-devices/shield-p230009>; US Food and Drug Administration. Colorectal Cancer: What You Should Know About Screening. Available at: <https://www.fda.gov/consumers/consumer-updates/colorectal-cancer-what-you-should-know-about-screening>.