

The hours displayed are estimated as of 9/14/2021. Note: CE contact hours and pharmacology hours are subject to change.  
Some sessions do not have pharmacology hours.

**American Association of Nurse Practitioners®**  
2021 Fall Conference Contact Pharmacology CE Hours



Presentation Date	Presentation Start	Presentation End	Topical Area	Presentation Title	Speakers	Contact Hour(s)	Pharmacology Hour(s) (as of 091421)
Thursday, September 23, 2021	8:00 AM	9:00 AM	Cardiometabolic	F21.1.006 Women are Different: Understanding the Complex Female Heart	Maria C. Kidner, DNP, FNP-BC, FAANP	1	0
Thursday, September 23, 2021	8:00 AM	9:00 AM	Diversity, Equity and Inclusion	F21.1.007 The Impact of Racial Trauma on Mental Health	Irene W. Bean, DNP, FNP-BC, PMHNP-BC, FAANP	1	0
Thursday, September 23, 2021	8:00 AM	9:00 AM	Leadership	F21.1.008 Change Management for NP Leaders	Kate Driscoll Malliarakis, PhD, ANP-BC, MAC, FAAN	1	0
Thursday, September 23, 2021	8:00 AM	9:00 AM	Psychiatric-Mental Health	F21.1.010 Antipsychotic Reduction in Nursing Homes: An Evidence-based Practice Protocol	Nancy M. Birtley, DNP, APRN, PMHCNS-BC, PMHNP-BC	1	0.25
Thursday, September 23, 2021	8:00 AM	9:00 AM	Cardiometabolic	F21.1.011 Hyperlipidemia: Current Trends in Treatment	Colleen Walsh-Irwin, DNP, RN, ANP-BC, AACCC, FAANP	1	1
Thursday, September 23, 2021	9:15 AM	10:15 AM	Cardiometabolic	F21.1.016 Pharmacology for Obesity Treatment: Today and Tomorrow	Angela K. Golden, DNP, FNP-C, FAANP	1	1
Thursday, September 23, 2021	9:15 AM	10:15 AM	Leadership	F21.1.018 Managing Time: Where Did the Day Go?	Loretta A. Penn, Adjunct Professor, George Washington University School of Nursing	1	0
Thursday, September 23, 2021	9:15 AM	10:15 AM	Pharmacology	F21.1.019 Updates in the Pharmacologic Management of Asthma	Tracy S. Estes, PhD, DNP, RN, FNP-BC	1	0.75
Thursday, September 23, 2021	9:15 AM	10:15 AM	Psychiatric-Mental Health	F21.1.021 An Interprofessional Approach to Reducing Psychotropic Medication Overuse in the Foster-Care Population	Erica S. Ramey, DNP, PMHNP	1	0.5
Thursday, September 23, 2021	9:15 AM	10:15 AM	Diversity, Equity and Inclusion	F21.1.022 Smoking & Racial Disparities in the Black Community	Larider Ruffin, DNP, APN, RN, ANP-BC, AGNP-C, CRNP, CTTS	1	0
Thursday, September 23, 2021	10:30 AM	11:30 AM	Cardiometabolic	F21.1.026 The Gut Microbiome and Cardiometabolic Risks	Christy Blanco, DNP, APRN, WHNP-BC, FAANP	1	0
Thursday, September 23, 2021	10:30 AM	11:30 AM	Diversity, Equity and Inclusion	F21.1.027 BIPOC LGBTQ Folks: Intersectionality, Health Inequity and NP Practice	Brian K. Goodroad, DNP, APRN, CNP, FAANP	1	0
Thursday, September 23, 2021	10:30 AM	11:30 AM	Leadership	F21.1.028 Skillful Communication	Kate Driscoll Malliarakis, PhD, ANP-BC, MAC, FAAN	1	0
Thursday, September 23, 2021	10:30 AM	11:30 AM	Psychiatric-Mental Health	F21.1.030 Pharmacogenomics: Precision Medicine & Depression Treatment	Josh Hamilton, DNP, RN-BC, FNP-C, PMHNP-BC, CTMH, CNE, FAANP	1	0.75
Thursday, September 23, 2021	10:30 AM	11:30 AM	Pharmacology	F21.1.031 Do Not Miss Diagnoses! with Dermatological Presentations	Jennifer L. Wilbeck, DNP, ACNP-BC, FNP-BC, ENP-C, FAANP, FAAN	1	0
Thursday, September 23, 2021	1:15 PM	2:15 PM	Cardiometabolic	F21.1.036 Hyperlipidemia: Current Trends in Treatment	Colleen Walsh-Irwin, DNP, RN, ANP-BC, AACCC, FAANP	1	1
Thursday, September 23, 2021	1:15 PM	2:15 PM	Leadership	F21.1.038 Expanding Your Emotional Intelligence	Jean Johnson, PhD, RN, FAAN and Loretta A. Penn, Adjunct Professor, George Washington University	1	0
Thursday, September 23, 2021	1:15 PM	2:15 PM	Pharmacology	F21.1.039 Medical Marijuana and CBD: The Blunt Basics	Andrew M. Peterson, PharmD, PhD, FCPP	1	1
Thursday, September 23, 2021	1:15 PM	2:15 PM	Diversity, Equity and Inclusion	F21.1.041 Seeing the Big Picture: Integrating Social Determinants of Health into Your Clinical Practice	Courtney Pladsen, DNP, FNP-BC, RN	1	0
Thursday, September 23, 2021	1:15 PM	2:15 PM	Pharmacology	F21.1.042 Polypharmacy Hypertension Management: Stacking Medications	Maria C. Kidner, DNP, FNP-BC, FAANP	1	0

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Thursday, September 23, 2021	2:30 PM	3:30 PM	Cardiometabolic	F21.1.046 Multidisciplinary Case Studies for Cardiometabolic Disease	Speakers: Colleen Walsh-Irwin, DNP, RN, ANP-BC, AACC, FAANP; Angela R. Thompson, DNP, FNP-C, BC ADM, CDCES, FAANP and Angela K. Golden, DNP, FNP-C, FAANP. Moderator: Margaret (Midge) T. Bowers, DNP, FNP-BC, FAANP, FAAN	1	0.5
Thursday, September 23, 2021	2:30 PM	3:30 PM	Leadership	F21.1.048 The Gifts of Mentoring	Loretta A. Penn, Adjunct Professor, George Washington University	1	0
Thursday, September 23, 2021	2:30 PM	3:30 PM	Pharmacology	F21.1.049 Updates in the Pharmacologic Management of COPD	Tracy S. Estes, PhD, DNP, RN, FNP-BC	1	1
Thursday, September 23, 2021	2:30 PM	3:30 PM	Psychiatric-Mental Health	F21.1.050 Neuroscience & Neuroplasticity: The Keys to Treating Substance Use Disorders	Laura G. Leahy, DrNP, APRN, FAANP, FAAN	1	0.65
Thursday, September 23, 2021	2:30 PM	3:30 PM	Diversity, Equity and Inclusion	F21.1.051 Scientific Racism and the Haitian Revolutions: What Every Nurse Should Know About the Haitian People	Larider Ruffin, DNP, APN, RN, ANP-BC, AGNP-C, CRNP, CTTS	1	0
Friday, September 24, 2021	8:00 AM	9:00 AM	Cardiometabolic	F21.2.006 Taking a Pregnant Pause: Addressing the Intersection of Cardiology and Obstetrics	Margaret (Midge) T. Bowers, DNP, FNP-BC, FAANP, FAAN	1	0.35
Friday, September 24, 2021	8:00 AM	9:00 AM	Diversity, Equity and Inclusion	F21.2.007 Inclusive Lactation Care for LGBTQ and BIPOC Communities	Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC, FAANP	1	0
Friday, September 24, 2021	8:00 AM	9:00 AM	Leadership	F21.2.008 Creating a Culture of Safety and Quality	Jean Johnson, PhD, RN, FAAN	1	0
Friday, September 24, 2021	8:00 AM	9:00 AM	Pharmacology	F21.2.009 Practical Pharmacogenetics	Andrew M. Peterson, PharmD, PhD, FCPP	1	0.75
Friday, September 24, 2021	8:00 AM	9:00 AM	Psychiatric-Mental Health	F21.2.010 When ADHD is Really TRAUMA: Differential Diagnosis and Special Treatment Considerations for Children & Adolescents	Erica S. Ramey, DNP, PMHNP	1.5	0.25
Friday, September 24, 2021	9:15 AM	10:15 AM	Cardiometabolic	F21.2.016 Medical Management of Obesity along with Devices and Surgery	Angela K. Golden, DNP, FNP-C, FAANP	1	0
Friday, September 24, 2021	9:15 AM	10:15 AM	Leadership	F21.2.018 Identifying Your Leadership Style	Kate Driscoll Malliarakis, PhD, ANP-BC, MAC, FAAN	1	0
Friday, September 24, 2021	9:15 AM	10:15 AM	Pharmacology	F21.2.021 The Pharmacology of Smoking Cessation Drugs and Impact of Vaping	Andrew M. Peterson, PharmD, PhD, FCPP	1	0.75
Friday, September 24, 2021	9:15 AM	10:15 AM	Psychiatric-Mental Health	F21.2.022 Common Psychotropic Medications in Primary Care: What the PCP Needs to Know	Nancy M. Birtley, DNP, APRN, PMHCNS-BC, PMHNP-BC	1	0.75
Friday, September 24, 2021	9:15 AM	10:45 AM	Diversity, Equity and Inclusion	F21.2.017 The Link Between Your Identity and How You "Show Up" as a Leader	Emma M. Flack, EdD	1.5	0
Friday, September 24, 2021	10:30 AM	11:30 AM	Cardiometabolic	F21.2.026 Non-Alcohol Fatty Liver Disease	Amanda Chaney, DNP, APRN, FAANP, AF-AASLD	1	0.25
Friday, September 24, 2021	10:30 AM	11:30 AM	Leadership	F21.2.028 Leadership, Passion and Vision	Kate Driscoll Malliarakis, PhD, ANP-BC, MAC, FAAN	1	0
Friday, September 24, 2021	10:30 AM	11:30 AM	Pharmacology	F21.2.029 The Legal Implications of Opioid Prescribing: Safeguards and Appropriate Care	Brett B. Snodgrass, FNP-C, CPE, ACHPN, FAANP	1	0
Friday, September 24, 2021	10:30 AM	11:30 AM	Psychiatric-Mental Health	F21.2.030 Keeping It Simple: The Power of Brief Therapeutic Interventions	Josh Hamilton, DNP, RN-BC, FNP-C, PMHNP-BC, CTMH, CNE, FAANP	1	0
Friday, September 24, 2021	1:30 PM	2:30 PM	Cardiometabolic	F21.2.036 Oral Care and Its Effect on Cardiometabolic Disease	Maria Colandrea, DNP, NP-C, CCRN, CORLN, FAANP, FRCSI	1	0
Friday, September 24, 2021	1:30 PM	2:30 PM	Leadership	F21.2.038 Navigating Organizational Leadership	Jean Johnson, PhD, RN, FAAN	1	0
Friday, September 24, 2021	1:30 PM	2:30 PM	Pharmacology	F21.2.039 The Pharmacology of Smoking Cessation Drugs and Impact of Vaping	Andrew M. Peterson, PharmD, PhD, FCPP	1	0.75
Friday, September 24, 2021	1:30 PM	2:30 PM	Diversity, Equity and Inclusion	F21.2.041 How to Strengthen Clinical Teams and Health Systems Through Allyship	Courtney Pladsen, DNP, FNP-BC, RN	1	0
Friday, September 24, 2021	1:30 PM	2:30 PM	Psychiatric-Mental Health	F21.2.042 Treatment-resistant Depression (TRD): Es/ketamine Explore the Role	Robert White, DNP, APN, PMHNP-BC, FNP-BC	1	1
Friday, September 24, 2021	2:45 PM	3:45 PM	Cardiometabolic	F21.2.046 Adult Onset Type 1 Diabetes: How To Navigate Diagnosis and Management in Primary Care	Angela R. Thompson, DNP, FNP-C, BC-ADM, CDCES, FAANP	1	0.5

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Friday, September 24, 2021	2:45 PM	3:45 PM	Diversity, Equity and Inclusion	F21.2.047 The NP's Role in Optimizing Maternal Care for BIPOC	Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC, FAANP	1	0
Friday, September 24, 2021	2:45 PM	3:45 PM	Leadership	F21.2.048 Leading and Building High-Performance Collaborative Teams in a Multi-Generational Environment	Loretta A. Penn, Adjunct Professor, George Washington University	1	0
Friday, September 24, 2021	2:45 PM	3:45 PM	Pharmacology	F21.2.049 Medication Assisted Treatment: Pharmacologic Management of Substance Use Disorders	Robert White, DNP, APN, PMHNP-BC, FNP-BC	1	1
Friday, September 24, 2021	2:45 PM	3:45 PM	Psychiatric-Mental Health	F21.2.050 Dementia and Delirium: Identification and Intervention from a Psychiatric Perspective	Nancy M. Birtley, DNP, APRN, PMHCNS-BC, PMHNP-BC	1	0.25
Saturday, September 25, 2021	8:45 AM	9:45 AM	Cardiometabolic	F21.3.006 Cardiometabolic Risk Factors for Aortic Stenosis	Margaret A. Morley, DNP, ANP-BC, CCNS	1	0.35
Saturday, September 25, 2021	8:45 AM	9:45 AM	Diversity, Equity and Inclusion	F21.3.007 Seeing the Big Picture: Integrating Social Determinants of Health into Your Clinical Practice	Courtney Pladsen, DNP, FNP-BC, RN	1	0
Saturday, September 25, 2021	8:45 AM	9:45 AM	Leadership	F21.3.008 Ethics for Leaders in Healthcare	Joyce M. Knestrick, PhD, FNP-BC, FAANP, FAAN	1	0
Saturday, September 25, 2021	8:45 AM	9:45 AM	Psychiatric-Mental Health	F21.3.010 A Structured Approach to De-prescribing Psychiatric Medication	Erica S. Ramey, DNP, PMHNP	1	1
Saturday, September 25, 2021	8:45 AM	9:45 AM	Pharmacology	F21.3.011 Bugs and Drugs	Michael D. Gooch, DNP, APRN, ACNP-BC, FNP-BC, ENP-C	1	1
Saturday, September 25, 2021	10:00 AM	11:00 AM	Cardiometabolic	F21.3.016 Managing Hypertension in Adults Utilizing an Evidence-Based Approach	Jennifer Ballard-Hernandez, DNP, FACC, FAHA, FAANP	1	0.75
Saturday, September 25, 2021	10:00 AM	11:00 AM	Diversity, Equity and Inclusion	F21.3.017 Uncovering Disparities in the Care of Persons with Kidney Disease	Nancy Uhland, DNP, FNP-C	1	0
Saturday, September 25, 2021	10:00 AM	11:00 AM	Leadership	F21.3.018 Bullying and Incivility in the Workplace	Jean Johnson, PhD, RN, FAAN	1	0
Saturday, September 25, 2021	10:00 AM	11:00 AM	Pharmacology	F21.3.019 The Legal Implications of Opioid Prescribing: Safeguards and Appropriate Care	Brett B. Snodgrass, FNP-C, CPE, ACHPN, FAANP	1	0
Saturday, September 25, 2021	10:00 AM	11:00 AM	Psychiatric-Mental Health	F21.3.020 Women's Mental Health: PMDD, Pregnancy and Perimenopause	Laura G. Leahy, DrNP, APRN, FAANP, FAAN	1	1
Saturday, September 25, 2021	11:15 AM	12:15 PM	Cardiometabolic	F21.3.026 Hypertriglyceridemia and the Role of Omega 3s in ASCVD Risk Reduction	Carrie Palmer, DNP, RN, ANP-BC, CDE	1	0.5
Saturday, September 25, 2021	11:15 AM	12:15 PM	Business/ Professional	F21.3.028 E&M Changes: Do You Select Medical Decision Making or Time?	Lynn Rapsilber, DNP, APRN, ANP-BC, FAANP	1	0
Saturday, September 25, 2021	11:15 AM	12:15 PM	Cardiometabolic	F21.3.031 Hormones, Glands and Steroids: An Endocrine Review	Michael D. Gooch, DNP, APRN, ACNP-BC, FNP-BC, ENP-C	1	0.5
Saturday, September 25, 2021	11:15 AM	12:15 PM	Pharmacology	F21.3.032 There's No Time to Waste: How to Approach the Diagnosis and Prioritized Management of Anaphylactic Shock in Adults	Megan Shifrin, DNP, ACNP-BC, FAANP	1	0
Saturday, September 25, 2021	11:15 AM	12:15 PM	Diversity, Equity and Inclusion	F21.3.033 Using the Nursing Process to Address Structural Racism in Healthcare	Larider Ruffin, DNP, APN, RN, ANP-BC, AGNP-C, CRNP, CTTS	1	0
Saturday, September 25, 2021	2:00 PM	3:00 PM	Diversity, Equity and Inclusion	F21.3.037 How to Strengthen Clinical Teams and Health Systems Through Allyship	Courtney Pladsen, DNP, FNP-BC, RN	1	0
Saturday, September 25, 2021	2:00 PM	3:00 PM	Business/ Professional	F21.3.038 The Four C's: Candidates, Curriculum, Clinicals and Collaboration	Grace Reilly Mazzatta, APN	1	0
Saturday, September 25, 2021	2:00 PM	3:00 PM	Pharmacology	F21.3.040 When the Patient Has Decided Cannabis is Their Medicine	Andrew Penn, MS, PMHNP	1	1
Saturday, September 25, 2021	2:00 PM	3:00 PM	Cardiometabolic	F21.3.041 2021 Hepatitis C Update	Amanda Chaney, DNP, APRN, FAANP, AF-AASLD	1	1
Saturday, September 25, 2021	2:00 PM	3:00 PM	Cardiometabolic	F21.3.042 Pharmacologic Management of Patients with Diabetes in 2021: Beyond Metformin	Wendy L. Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP	1	1

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Saturday, September 25, 2021	3:15 PM	4:15 PM	Cardiometabolic	F21.3.046 Managing Heart Failure in 2021: Implementing Guideline Recommendations into Practice	Jennifer Ballard-Hernandez, DNP, FACC, FAHA, FAANP	1	0.75
Saturday, September 25, 2021	3:15 PM	4:15 PM	Business/ Professional	F21.3.048 NP Entrepreneurs as Risk Takers	Lynn Rapsilber, DNP, APRN, ANP-BC, FAANP	0	0
Saturday, September 25, 2021	3:15 PM	4:15 PM	Pharmacology	F21.3.049 Best Practices in Migraine Management	Wendy L. Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP	1	0.65
Saturday, September 25, 2021	3:15 PM	4:15 PM	Diversity, Equity and Inclusion	F21.3.051 Implicit Bias: Hacking Your Brain	Emma M. Flack, EdD	1	0
Saturday, September 25, 2021	4:15 PM	5:15 PM	n/a	F21.3.060 Shot@Life: Protecting Global Childhood Immunization Programs (Non-CE)	Rebecca Maxie, Senior Manager, Grassroots Advocacy, United Nations Foundation	0	0
Sunday, September 26, 2021	7:30 AM	8:30 AM	Business/ Professional	F21.4.008 The Business of Advanced Practice Nursing	Kevin Letz, DNP, MBA, APRN, CEN, CEN, FNP-BC, PNP, BC, ANP, BC, FAANP	1	0
Sunday, September 26, 2021	7:30 AM	8:30 AM	Psychiatric-Mental Health	F21.4.010 WHY OR WHY NOT: Recovery Engagement in Primary Care	Robert White, DNP, APN, PMHNP-BC, FNP-BC	1	0
Sunday, September 26, 2021	7:30 AM	8:30 AM	Cardiometabolic	F21.4.011 2021 Updates to Diabetes Management and Care	Angela R. Thompson, DNP, FNP-C, BC-ADM, CDCES, FAANP	1	0.5
Sunday, September 26, 2021	7:30 AM	8:30 AM	Diversity, Equity and Inclusion	F21.4.012 BIPOC LGBTQ Folks: Intersectionality, Health Inequity and NP Practice	Brian K. Goodroad, DNP, APRN, CNP, FAANP	1	0
Sunday, September 26, 2021	8:45 AM	9:45 AM	Cardiometabolic	F21.4.017 Evaluation & Management of Acute Coronary Syndrome (ACS)	Michael D. Gooch, DNP, APRN, ACNP-BC, FNP-BC, ENP-C	1	0.5
Sunday, September 26, 2021	8:45 AM	9:45 AM	Business/ Professional	F21.4.018 Income Diversification and Tax Strategies	Kevin Letz, DNP, MBA, APRN, CEN, CEN, FNP-BC, PNP, BC, ANP, BC, FAANP	1	0
Sunday, September 26, 2021	8:45 AM	9:45 AM	Pharmacology	F21.4.019 Vaccines in 2021: Covid-19 and Beyond	Wendy L. Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP	1	0.25
Sunday, September 26, 2021	8:45 AM	9:45 AM	Psychiatric-Mental Health	F21.4.020 Caring Science Meets Psychedelic-assisted Psychotherapy	Andrew Penn, MS, PMHNP	1	0
Sunday, September 26, 2021	8:45 AM	9:45 AM	Diversity, Equity and Inclusion	F21.4.023 Implicit Bias: Hacking Your Brain	Emma M. Flack, EdD	1	0
Sunday, September 26, 2021	10:00 AM	11:00 AM	Cardiometabolic	F21.4.027 GU Complaints: Discharge to Stones and More	Michael D. Gooch, DNP, APRN, ACNP-BC, FNP-BC, ENP-C	1	0.35
Sunday, September 26, 2021	10:00 AM	11:00 AM	Diversity, Equity and Inclusion	F21.4.029 Uncovering Disparities in the Care of Persons with Kidney Disease	Nancy Uhland, DNP, FNP-C	1	0
Sunday, September 26, 2021	10:00 AM	11:00 AM	Business/ Professional	F21.4.031 Why NPs? Why Now to Start a Business? Why Not You?	Lynn Rapsilber, DNP, APRN, ANP-BC, FAANP	1	0