Greetings from FAANP Chair

Diane Seibert, FAANP

Dear Fellows,

It’s only been a month since I penned my last Fellows column, but this is a VERY special edition of the Forum, with a spotlight on Dr. Ford. Over 300 of you attended the virtual Fellows Winter Meeting on January 9th, the largest attendance we’ve ever had at a Winter Meeting, so perhaps this was another one of those COVID silver linings. I hope you enjoyed the meeting as much as I did. The speakers were amazing. Dr. Madrean Schober, the 2020 Loretta Ford Award recipient, shared some of the amazing work happening around the world in advancing the NP role, and Dr. Eileen O’Grady’s talk on resiliency and wellness hit the perfect note to usher in what I hope will be a more hopeful and healthier year. Deb Kiley’s wellness breaks were wonderful, bringing a few of Dr. O’Grady’s recommendations (exercise, sleep, breaking the mental ‘negativity loop’) to life in real time.

The bulk of this forum is dedicated to celebrating Dr. Ford’s milestone birthday, so I won’t steal any thunder, but would like to give a shout-out here to the folks that dreamed the idea, and then worked to make it a reality. The Florida NP community has celebrated Dr. Ford’s birthdays locally for several years, usually with a golfing event. COVID put a kink in how the day rolled, but it definitely didn’t stop them! Details are described below, along with many amazing photos (and check out the video online – the golf cart ‘float’ parade is a hoot!). To Jean Aertker, Janet Dubois and the rest of the Birthday celebration team – THANK you for the creativity, flexibility, timeliness (getting a video developed, edited and formatted in just over a week is a Herculean task) to say nothing of the energy required. To me, the sheer happiness on Jean’s face during the party says it all. You’re a wonderful group, and a perfect example of what NPs are: strong, creative, determined, professional, caring and positive.

Finally, I would like to extend my sincere thanks to the AANP staff. The creative and organizational lift required to pull the Winter Meeting and Birthday Celebration off involved hours of behind-the-scenes meetings and creative ideas. Thank you Diane Padden, Liza Cecchini, Trevor Delling, Janice Bays, Nancy McMurrey and the many others involved for helping us turn an idea into a wonderful reality.
HAPPY NEW YEAR, dear Fellows. It is exciting to publish a Forum after the Winter meeting and have the Loretta Ford Lecture; a keynote resource list and a ‘wellness pearls’ from Dr. O'Grady; a first hand column about Dr. Ford's birthday (thank you to Jean Aertker) and many important dates, of which we should be aware. Theresa Campo and the Nomination committee members are urging all Fellows to give deep consideration to running for an office and supporting FAANP (see pp.12-13).

Please, note the awards-Legacy and Loretta Ford– and the Honorary Fellow Nominations deadline.

The Winter meeting although virtual was interesting with an excellent program. It was great to see so many familiar faces on Zoom. Deb Kiley promoted relaxation with good tips and we appreciate her contributions. Madrean’s Ford lecture was inspirational and is found on pp. 6-9. Dr. O'Grady was certainly keyed to the many emotions of NPs as we practice today. Let us try to take our ninety minutes a day. Eileen has generously given us permission to publish her blogs-Wellness Pearls- (https://www.eileenogrady.net/wellness-pearls/ p. 10). Her resource sheet is found on page 11 and I will be glad to send you her slides if requested at C00234687@louisiana.edu

We extend many compliments to those who exerted so much mental and physical energy to the Winter meeting and the Loretta Ford birthday celebration. The information was so helpful and the meeting excellent. Thank you to all.

The next Forum will be published in March. We would love to see you publish in the Forum. We need practice and research articles.

The new year did not begin as peacefully and optimistically as we would have hoped, which is even more reason for us to strive for a healthier America and to continue as Nurse Practitioners to be the impact that many people need. A friend told me today that optimism and positive thinking are keys to personal betterment and to a great profession. Loretta Ford has given us the roots and nourishment we need as we persevere. In her comments at the close of her birthday celebration she stated that NPs “had certainly gained recognition and well deserved as we have improved accessibility, increased availability, been in action, are affable and accountable. All ‘As’ for us.” As usual, Lee recognized the efforts of others and said: “I want to give honor and credit to all those who have pioneered.” She challenged each of us to “recognize the psychological changes in ourselves and to know that we are different, we are more self determined, more self-confident, and more self appreciative.”

Dr. Ford closed by wishing us well in 2021.

Dr. Ford, for all you have given us and the world; for the improved health care throughout the world, and for changing Nursing for the supreme better we wish you well in 2021 and give to you our deepest love and gratitude. Thank you Valerie for all the support you have given your Mom and for being part of our world.

Lee, we’ll see you in December for your 101st birthday. Have a fantastic year.
Dr. Loretta Ford
Dressed appropriately for our Supershero on her 100th birthday.

US Surgeon General Rear Admiral Jerome Adams and his chief of staff, Captain Joel Dulaigh APRN, FAANP presenting medal for Dr. Ford.
Happy Birthday, Dr. Loretta Ford

Jean Aertker, FAANP

On December 28, 2020, Dr. Ford celebrated her centennial birthday. While planning the Fellows winter meeting held on January 9th, Florida Nurse Practitioner Network (FNPN) offered to share our video & photos of this special birthday celebration event held earlier. The Fellows planning team invited all the Fellows to a virtual celebration to wish her happy birthday combining AANP gifts & presentations and the FNPN celebration.

On January 9th our Fellows gathered at 2pm after the first ever virtual winter meeting for a virtual birthday celebration for Dr. Ford that included AANP’s presentation of the US Surgeon General’s Medallion, the five $10000.00 Ford Centennial scholarships, and the US flag that flew over the capital on her birthday 12/28/20. Many thanks to Diane Seibert, Sophia Thomas, Cindy Cooke and AANP’s most talented and creative staff— Nancy McMurrey, Trevor Delling, Liza Cecchini, Diane Padden, Jac Green—for helping to make this a special day for Dr. Ford.

Since 2014, FNPN has created events to honor Dr. Ford, and dubbed us her ‘NP FORCE’. It started with the construction of a ramp we built at her home by members and friends to replace stair-steps followed by annual birthday golf scramble fund raiser parties for her charities leading up to this centennial event.

On Sunday, December 27th FNPN members and friends decorated twelve golf carts and three private golf carts & cars and joined in a Covid safe drive-by parade through her community bringing birthday greetings to Dr. Ford at her home in Wildwood, Fl. It was difficult to plan a Covid-19 safe event as the state numbers continued changing and restrictions made it a challenge! Dr. Ford was thrilled to see her visitors while maintaining mask and distance- and she in her protective super nurse costume! We created banners of Dr. Ford from photos depicting her ten decades in service and leader of NPs. FNPN President, Dr. Arlene Wright began the program with a welcome to all and presented her with a vase of two dozen red roses. AANP President Dr. Sophia Thomas flew in for the event to present Dr. Ford with a special recognition from the US Surgeon General Rear Admiral Jerome Adams and his chief of staff, Captain Joel Dulaigh APRN, FAANP (photo p. 3) who sent along a video presentation to honor her remarkable life-time achievements. (https://www.aanp.org/news-feed/loretta-ford-co-founder-of-nurse-practitioner-np-profession-receives-u-s-surgeon-generals-medallion-for-contributions-to-nation-s-health) Sophia presented her with the SG Medal! Dr. Thomas also announced that AANP had dedicated $50,000 to a special scholarship programs in the name of Dr. Ford- See AANP website.

We were entertained by a history presentation prepared by Dr. Kim Curry, Dr. Versie Mallard, Dr. Stacia Hays and Dr. Arlene Wright all dressed in historical costume giving the history of nursing and the roles of NPs today. Dr. Ford was also visited by Suffragettes in 1920’s outfits who marched in with signs with rally signs shouting out of "Votes for Women" Dr. Doreen Cassarino led the band of disruptors including Dr. Gail Sadler, Dr. Jean Aertker, Dr. Ford’s daughter, Valerie Monrad and her niece Donna Breuer. Doreen shared the history of the women’s fight to pass the 19th amendment in 1920 which also celebrated their 100th anniversary this past August when Women won the right to vote! Dr. Ford’s daughter presented her with a 2020 election sign recognizing her vote cast this year!
Dr. Ford was well dressed for the occasion as you can see in the photos! Her costume has been used for many years to show us the fight she had to move the NP role to the future— it was not easy and she had a lot of naysayers. Do go back and read about her vision and the unification model she brought to University of Rochester in 1972 for the NP role, then know it’s now up to all of us to keep the rigor in our role working together in unity to provide Evidence Based Practice care at the top of our educational preparation.

Fellow and FNPN Member Dr. Jacinto Garrido dedicated his original song, "Happy Birthday" for her. For the Fellows event, AANP merged this with all the birthday photos and messages sent to Dr. Ford! Many remember Willard Scott -TV personality on the Today Show and the Smuckers Milestone Birthday ads for folks.-Dr. Ford is now in the Smuckers history album thanks to AANP for enrolling her. Birthday Wishes were also collected by mail, and virtual Cards on KudosBoard presented to Dr Ford. A chocolate fudge homemade cake was presented to Dr. Ford, while cupcakes shared for the attendees following Covid rules! FNPN invited members to a zoom to watch the presentations as well. All in all, we are so happy to have brought you all the opportunity to share this milestone event with Dr.Ford and provide a platform to experience her wit and wisdom and hear her message for the future!

We ask one and all to stop and consider a donation in lieu of a birthday gift for this amazing woman who started our role in healthcare in 1965. Dr. Ford requests donations of any amount to her two charities – the University of Colorado Dr. Ford Scholarships & University of Rochester Dr. Ford Foundation. Let her know you support her work these many years and for creating the role of the NP! Dr. Ford’s Selected Charity Benefactors— Please Donate!

COLORADO UNIVERSITY NURSING:  Click here to donate to Colorado University Ford Fellowships
ROCHESTER NURSING: Click Here to donate to University of Rochester Ford Fund
Check FNPN.org website "About US" to view FNPN PHOTO GALLERY for more photos of the Event!
I am very pleased and honoured to be the 2020 recipient of the Loretta C. Ford award.

As a nurse for over 50 years, the beginning of my nursing career predates the idea of nurse practitioners. I also confess, that I was not familiar with who Dr. Ford was until I had been in clinical practice as a nurse practitioner (NP) for over 15 years. My first NP diploma program in 1976 was based at the Indiana University Medical Center in Indianapolis. It is sometimes said that news travels slowly to the middle of the country from the east and west coasts. I do not know if that was the case or if my faculty were not well connected to NP history. In any case, I progressed in an oblivious manner, working diligently as a NP in women’s health clinics. Following completion of my master’s degree and then my association with the American Academy of Nurse Practitioners I consistently heard about Loretta Ford and what she had achieved in initiating the NP role.

Up to this time and as an active feminist, I had been following the words of Gloria Steinem and Betty Freidan and marching for the passage of the Equal Rights Amendment, seeking justice for women’s rights. When I heard about Dr. Ford, I thought WOW!! What a woman and I wondered if I could ever meet her!! She might not remember, but we met on the stage of the launching of the International Advanced Practice Nursing Network in San Diego in 2000. I was about to introduce her as plenary speaker and I told her I was shaking I was so nervous. You might imagine that she looked up at me and said: “Really? Why?” To be a recipient of this award and as Dr. Ford is celebrating her 100th birthday is amazing. A truly auspicious occasion.

The COVID-19 pandemic has shown us how interconnected we are globally. It can be said that purpose in crises leads to clarity. Whether positive or negative, these times have highlighted the importance and visibility of nurses including nurse practitioners. We have seen restrictions on practice waived to expand our practice (temporarily with hope for permanent changes) but conversely France provides us with an example of the downside of these challenges. Desperate for nurses and with intent to get nurses to return to the bedside in 2020 all master’s nursing programs for the advanced practice nurse (APN) and nurse anesthetist were closed in hopes of sending nurses back to work at the bedside and intensive care units (ICUs) in hospitals throughout the country. You can imagine the reaction and response from the students and directors of these programs. The plan is to reopen these programs in 2021 but with the uncertainty of the pandemic these plans are tentative.

While there is much that could be discussed regarding COVID – 19 related events, my expertise is in the international environment for advanced practice nursing. I would like to 1) provide highlights of international initiatives, 2) describe the level of APN interest worldwide and 3) highlight pivotal events that have occurred within in the past 6-12 months in the context of advanced practice nursing globally.
History of Nurse Practitioners and Advanced Practice Nurses Internationally

In a brief review of history, countries that stepped out early in establishing NP/APN roles include:

- Jamaica with NPs for over 40 years
- Botswana with the FNP (family nurse practitioner) since the 1980s
- The countries of the United Kingdom with the first NP graduates from a RCN (Royal College of Nursing) program in the 1990s
- The Netherlands and Ireland have been developing the NP concept for over 20 years
- New Zealand announced its 1st NP in 2001 with a neonatal NP
- The APN role that began in 2003 in Singapore with a focus on mental health and care in ICUs has continued to grow and diversify with inclusion of prescriptive authority for APNs in 2018.

For approximately 50 years Canada has been promoting the CNS (clinical nurse specialist) and NP roles along a timeline similar to the United States although with a different storyline.

A review of the literature proposes that aspects and components now considered advanced practice nursing have been present for longer periods of time but not codified as advanced practice nursing. The question could be asked “Would Florence Nightingale’s ideas at the time be considered advanced nursing?”

Influence of the United States (US) on APN international development

Countries that identify APN roles and practice appear to have been influenced by or at least success has been attributed to the presence of NP/APN in the US. However, roles and practice have evolved in different ways worldwide. As a consultant, following and observing the international trajectory for APN/NP development is fascinating. However, data on the actual presence of APNs is still imprecise. Based on membership in the International Council of Nurses (ICN) International APN Network, over 100 countries indicate some level of interest in APN. A review of the literature suggests anywhere from 40 to 60 countries include some concept of APNs in their health systems. I speculate that the number of clearly successful and sustainable initiatives may be closer to 40. A research opportunity for someone and yes not all stories are stories of success.

Enthusiasm alone for NP and APN roles is not enough to successfully promote these concepts. There is a tendency to underestimate the complexities of including and integrating APNs into the healthcare workforce of a country. Contributing factors to unsuccessful initiatives include:

- Lack of role clarity
- Absence of political will and leadership
- Lack of maturity of nursing as a profession

Factors that appear to lead to successful and sustainable initiatives include:

- Role clarity and a defined scope of practice (in other words, what does this person do that is different from other nurses and other healthcare professionals)
- Leadership and collaboration, especially at the policy level
- Support to enhance the image and core components of nursing at an advanced level
Increased Visibility for Nursing

In 2020, the declaration of the year of the nurse and midwife plus the COVID pandemic, revealed the significance of nursing in a way that we have not seen before. There have been many lessons learned out of necessity and surprises of what could be if we allow ourselves to be the designers and innovators of our destiny. When we think more clearly and listen to our colleagues domestically and internationally there is boundless potential. In order to support and promote this possibility, I believe it is important to identify and recognize your own perspective, your filter through which you see the world. In over 20 years of international consulting providing diverse advice (from positions as resident faculty to short term consulting) in over 40 countries my perspective has been challenged repeatedly. I continue to learn every day to be more humble and flexible when rising to the challenges that are presented. As opportunities have been offered to me I usually chose the path less travelled and the more unique possibilities.

When identifying advanced practice nursing globally there is not one single starting point, but multiple paths that are responsive and sensitive to regional and country specific cultures and healthcare settings. Patience and diligence are required as leaders explore their options.

Working in new and international settings I have observed the enthusiasm of many nurses and the hope that they have that there is a future that includes an enhanced image of nurses as they progress and work in an advanced capacity. The NP/APN option is aspirational and motivational for so many nurses and for those with an interest in nursing. This level of interest is a reward for those of us who have envisioned a new tomorrow with a strong voice for nursing and its professional advancement. Young nurses deserve support and mentoring from veterans of nursing who can, with their collective knowledge and contributions, lead healthcare systems forward.

In today’s environment there are virtual clinics and services with outreach to clients, patients and families. Video consulting, telephone backup and a variety of virtual platforms with increased use of telehealth not only exist but are increasing. Words such as integration, adaptation, prevention and less invasive modalities are increasingly explored in provision of healthcare services. This is not new news to NPs but is now being promoted more effectively. As NPs, we can be intentional designers of these systemic changes, constantly adjusting and looking at what is important for the profession and the public.

Current International Activities and Projects

Even in the time of COVID, promotion of new ideas and projects supportive of the APN concept have continued:

In April 2020 ICN released Guidelines for Advanced Practice Nursing with a focus on the CNS and NP. The response internationally has been overwhelmingly positive with pick up from China and India and their declarations to move forward with APN.

In collaboration with the International Federation of Nurse Anesthetists, ICN Guidelines are in process for Nurse Anesthetists with expected release of this document in March 2021.

International guidelines for nurse prescribing are also in process by ICN. This document is out for review and is in its final stages with expected release in 2021.

As APN roles and levels of nursing evolve globally, regions of the world are initiating regional APN networks. There is interest in promoting a European APN Network to support exchange of faculty and student experiences.
An AfroPHC initiative is in early stages of FNP development in sub-Saharan Africa with support from multiple organizations including AANP.

Ireland and Germany each have APN Networks with collaboration between these two countries for annual conferences.

The Japanese Association of Nursing Programs in Universities has recently initiated its grand design committee for further promotion of the APN.

In 2020 with dynamic energy a newly formed network for Latin American countries emerged. The Director of the Network is in Chile and Assistant Director is in Brazil with the network representing 13 Latin American countries. The first pilot project launched as a result of Network activity was in Paraguay in December 2020 with a focus on oncology. Peru is planning an NP initiative. The network website is presented in English, Spanish and Portuguese with monthly virtual conference calls in Spanish. Plans are to increase research and publication of literature that represents the Latin American region. I asked Pilar Espinoza in Santiago, Chile “Why form their own network?” She replied that leaders and country representatives in Latin America want a view of APN that represents their languages, their cultures and their approach to healthcare.

**Conclusion**

In reading the descriptions of Loretta Ford’s work I wondered if she envisioned how unleashing the potential for nursing would impact the world. From the days of invisibility to the creation of the words ‘nurse practitioner’ and ‘advanced practice nurse’, all words now regularly cited by diverse publications and healthcare leaders. Yes, we face continued challenges but with passion, courage and commitment we have risen to the challenges of promoting NPs/APNs and we will continue. We have an opportunity… if we like … to contribute to change internationally and to continue to promote the visibility and potential of APNs worldwide.

****

**The FAANP Loretta C. Ford Award for Advancement of the NP Role in Health Care Criteria for Selection**

Dr. Schober is the FAANP 2020 recipient. This award is presented annually. The deadline for the 2021 nomination is February 22, 2021.

**Attributes of Awardee: A Nurse Practitioner who:**

- Demonstrates participation in health care policy development at an international, national or local level OR Sustained and specific contribution to clarification of the role and scope of practice of Nurse Practitioners OR Demonstrates a creative and effective action to turn a challenge to the nurse practitioner role into an effective opportunity to advanced practice and improved patient outcomes

**Requirements:**

- Nomination statement by a member of AANP (maximum 500 words) which highlights the nominee’s contribution to advancing nurse practitioner practice. The nomination should focus on how the nominee’s actions have produced a sustainable change in health policy or advancement of the NP role. Dr. Ford’s principles of turning challenge into opportunity resulting in prompt and effective action should be emphasized.
- Two supporting letters from individuals involved in the nominee’s activities that support the nomination statement.
- Curriculum Vitae of the nominee.
Eileen O’Grady PhD, RN, NP is a certified Adult Nurse Practitioner and an ICF-Certified Wellness Coach. She is Founder of The School of Wellness, a group of practitioners dedicated to infusing the evidence on wellbeing into organizations. She is an author and editor of two textbooks, Advanced Practice Nursing: An Integrative Approach and Intentional Therapeutic Relationships: Advancing Caring in Health Care a how-to book on placing relationships at the center of health care. Her most recent book, Choosing Wellness: Unconventional Wisdom for the Overwhelmed, the Discouraged, the Addicted, the Fearful or the Stuck, is her most personal. O’Grady lives in the Washington DC area.

On Making a Decision

For those longing to make a lifestyle change in this New Year, here are four evidence-based actions from the science of habit formation and goal attainment to help you be successful.

Decide it. Behavior change is hard. It works when you make a decision. You can build an optimal relationship with your everyday behaviors so that you take your mind out of the equation. Tie your habits to your values and identity. In the beginning, they need only be aspirational and not even true, yet.

Start simple, like in the following examples:

I am a person who...
- moves her body everyday
- has great relationships with his co-workers
- doesn’t waste his life on social media
- manages her anxiety

Fresh-Start it.

While New Year’s is arbitrary, having a start date motivates aspirational behavior – a new week, month or birthday, according to a study on the “fresh-start” effect. A new (2020) large study on habits found that starting new habits is far easier than dropping unhealthy ones, so prepare for more challenge when you decide to avoid or drop behaviors in 2021.

Chunk it.

Consider 30-day challenges of consistency rather than a year or a lifetime. Shortening your time horizon can make those tough goals more attainable. If you want to change your eating habits, start a vigorous exercise regime, and fix a troubled relationship, you may be too ambitious. Laser focus on one at a time, and only add another habit once successful. Click here for a short video on baby steps.

Stack it.

Habit-stacking is when you link a new behavior to a current habit you already have. Created by Stanford habit scientist BJ Fogg, you can deploy the “When-Then” formula.

When I set the coffee to brew, I will then meditate for 10 minutes.
When I finish dinner, I will then floss my teeth to eliminate nighttime eating.
When I finish my workday, I will then turn off my phone.

The main point of habits is to reduce your cognitive load on everyday actions to free your mind up for the more important stuff. Do not rely on willpower as it is unreliable and over time will fail. If you pay attention to a small change then you won’t have to muster motivation to grow it. It will just happen naturally, like a seed planted in a good spot.

The events of 2020 hit us all at the same time, but impacted us uniquely and unevenly. If you have been hit hard and are struggling mightily, getting through this year is enough. There is real victory in that.

https://www.eileenogrady.net/wellness-pearls/
Wellbeing Resources

It is crucial that we curate what we let into our lives. One way to do that is to pursue *narrowcasts*. There are currently over 2 million podcasts available on any topic you can think of. Here on my favorites on health and wellness:

**Podcasts**

- *Kelly Corrigan Wonders*
- *The Happiness Lab @ Yale*
- *How’s Work? and Where Should we Begin? (couples counseling)* with Esther Perel
- *Unlocking Us and Dare to Lead* with Brené Brown
- *The Knowledge Project*
- *WorkLife with Adam Grant: A TED original podcast*
- *Hidden Brain*

- *The Psychology Podcast* with Scott Barry Kaufman
- *Found My Fitness* with Dr. Rhonda Patrick
- *The Drive: Optimizing Health and Longevity* with Peter Attia MD
- *Phit ‘N Phat: How to Lose 100 pounds (if you don’t mind swearing)*
- *On Being* with Krista Tippett
- *Interviews with Yuval Harari (Author of Sapiens)*

**Brain Health/Meditation**

- *Waking up with Sam Harris*
- *Headspace*
- *10% Happier*

- *Happify*
- *Calm*
- *YouTube Guided Meditations*

**Parenting Classes**

- *Parent Encouragement Program (pepparent.org)*

**Stay in Touch!**

Sign up for monthly “Wellness Pearls” and find books, documentaries and TED Talk recommendations at eileenogradynet
Dear Fellows

My name is Theresa Campo and I am the Chair of the FAANP Nominations Committee. We are very excited to announce that the nominations and election process will open soon. Since we could not all be together in person for our winter meeting, the committee has decided to host several virtual sessions for you to learn about open positions, speak to members of committees and the executive board, and network with each other. A list and description of the open positions is included here.

Session dates are:

January 30, 2021 Mid-morning tea starting at 10:30 am EST
February 5, 2021 Cocktail/Mocktail hour starting at 6:00 pm EST
February 10, 2021 Coffee Break starting at 9:00 am EST
February 19, 2021 Cocktail/Mocktail hour starting at 6:00 pm EST
February 24, 2021 Coffee Break starting at 9:00 am EST
March 6, 2021 Cocktail hour starting at 6:00 pm EST
March 9, 2021 Mid-morning tea starting at 10:30 am EST

Zoom links will be sent by email as soon as available.

We look forward to seeing you in one (or several!) sessions

Sincerely,
Theresa

Open Positions

Chair Elect (1)
1-Year Term - The Chair-Elect shall assume the duties of the Chair should the Chair be absent or unable to serve and assume other duties as assigned by the Chair.

Treasurer (1)
2-Year Term - The Treasurer shall oversee the preparation of the annual budget, present the annual budget to the Fellows membership and oversee the implementation of the annual budget.

Member-at-Large (1)
2-Year Term - There shall be two at-Large members of the Executive Committee who shall represent the AANP Fellows as a whole.

Selection Committee (3)
3-Year Term – The Selection Committee shall be elected by the general Association Fellows membership. The committee shall consist of eleven AANP Fellows in good standing who are not members of the Executive Committee. The committee members shall select the Chair of the committee for a term of two years. The Chair of the Selection Committee shall become an ex-officio member of the FAANP Executive Committee. Members of the Selection Committee may not sponsor a candidate for FAANP membership while serving on the committee. In the event more members are needed, the Chair of the Executive committee in consultation with the Selection Committee Chair and approval of the Executive Committee can appoint additional members for the selection round.

Nominations Committee (1)
2-Year Term – The Nomination Committee shall be elected by the general AANP Fellowship membership. The committee shall consist of three AANP Fellows in good standing who are neither members of the Executive committee nor the nominations committee of AANP.
FAANP Election Timeline

Liza Cecchini

FAANP Election Timeline

- Fellows Self-Nominations: February 10 – March 12, 2021 (4wks)
- FAANP Election Voting: May 5 – May 19, 2021 (2wks)

Deadlines for Important and Prestigious Awards

Honorary Fellow – Nominations Now Open
Nominations are now open for Honorary Fellowship in FAANP, criteria attached. Complete nominations are due to faanp@aanp.org by February 12, 2021.

Loretta C. Ford Award – Nominations Now Open
Nominations are now open for the FAANP Loretta C. Ford Award, criteria attached. Complete nominations are due to faanp@aanp.org by February 12, 2021.

Legacy Award – Nominations Now Open
Nominations are now open for the FAANP Legacy Award, criteria attached. Complete nominations are due to faanp@aanp.org by February 12, 2021.

Fellows Volunteers Needed – AANP Grants and Scholarship Reviews
AANP’s annual Grants and Scholarship program application cycle opens February 10 and we are in need of Fellows volunteers to review application submissions. We are anticipating a record number of application submissions and need as many volunteers as possible. If interested, please complete the volunteer form using the link below by Monday, February 15. Reviews will take place between early April and early May, and once all reviews are complete participating volunteers will receive an official thank you letter from AANP. Contact kvanduyn@aanp.org for more information.

Volunteer form: https://www.surveymonkey.com/r/FAANP_volunteers
FAANP Legacy Award

Purpose
The purpose of the FAANP Legacy Award is to honor, recognize and memorialize a member of FAANP whose lifelong career has had a profound and enduring impact on the profession and the NP role, articulating a dream that others share and follow. The vision, innovation, courage, persistence and inspiration of the honoree are essential components of the legacy.

Eligibility
- FAANP Fellow in good standing
- May be living or deceased Fellow
- Members of the FAANP Executive Committee and the Legacy Committee are not eligible for nomination during their terms.

Criteria
Nomination should show evidence of meeting the following criteria:
- Contributions to the field may have occurred locally or internationally, but must demonstrate their enduring value beyond the honoree’s lifetime or career
- Honoree has exhibited lifetime achievement in five required legacy components (vision, innovation, courage, inspiration, and persistence) as confirmed by the selection committee
- Honoree has demonstrated authority and command in nursing in leadership, research, practice, policy and/or education throughout career creating an enduring legacy

Nomination Process
Submission of a nomination statement by a member of FAANP (maximum 750 words) which focuses on and highlights the nominee’s achievement according to each of the criteria (see below) Two support statements from individuals involved in the nominee’s actions supporting the nomination.
- Vision – Articulated a dream and direction that other people want to share and follow
- Innovation – Was creative and ‘thought outside the box’
- Courage – Challenged the status quo for the betterment of nurse practitioners and those impacted by our care
- Persistence - The tenacity to consistently and successfully confront practice, policy, research, or educational challenges over the course of a career to advance the NP profession
- Inspiration – Having an inspiring effect on others to engage in activities to extend the nominee’s work

Additional Submission Requirements
Supporting documents must address each of the above criteria. Entries that do not meet the criteria and requirements will be disqualified; late submissions will not be accepted.
- Complete nominations are to be submitted to faanp@aann.org by February 12, 2021.
- Sponsor and supporters will complete the application, using the criteria as subheadings, clearly stating overall area of expertise and impact
- Nominee’s curriculum vitae should be provided, if available.
- Up to three pieces of supporting documentation to be provided as further evidence of nominee’s contribution as outlined in the criteria.
Honorary Fellowship in FAANP

Fellows of the American Association of Nurse Practitioners propose an honorary fellowship with the intent to honor a non-nurse practitioner who has demonstrated outstanding leadership in one or more of the following areas of importance to nurse practitioners: Practice, Education, Policy, or Research.

Criterion 1
The Honorary Fellow nominee has provided meritorious service in at least one of the four areas to the American Association of Nurse Practitioners (AANP), Fellows of the AANP, and/or the Nurse Practitioner profession.

Criterion 2
The Honorary Fellow nominee has served as an advocate for AANP, FAANP, and/or the NP profession.

Criterion 3
The Honorary Fellow nominee’s meritorious contributions have been sustained over time.

Honorary Fellow Nominees:

1. Will be nominated by a primary and secondary nominator who are active Fellows of AANP in good standing. The nomination letters must address the three criteria referenced above. A current CV of the candidate must also be submitted.

2. The nominations for honorary fellowship are submitted to the Chair of the Fellows in February of each year. Reviews of any nomination(s) will be conducted by a Committee assembled from the FAANP Executive Committee and the AANP Board of Directors Fellows Liaison. The committee’s decision regarding the nomination will be reported to the Executive Committee of FAANP, who will send a recommendation to the AANP Board of Directors for comment and final approval. Final approval of both Executive committees shall be made by April 1st of each year.

3. The Honorary Fellow nominee will receive a letter of acceptance signed by the Chair of the Fellows and the President of AANP. The letter of acceptance will indicate the nominators. A copy of the acceptance letter will be sent to the nominators.

4. Honorary Fellows will be inducted at the Annual FAANP induction ceremony, where they will receive the FAANP plaque indicating honorary fellowship status and a medallion.

5. Honorary fellowship entitles the individual to the following:
   a. Non-voting honorary associate membership in AANP
   b. Non-voting honorary membership in FAANP
   c. Ability to use the title FAANP (H)
   d. No obligation to pay AANP and FAANP dues

Nominations will be by a primary and secondary nominator who are active Fellows of AANP in good standing. The nomination letters must address the three criteria referenced above. All nominations are to be submitted to the FAANP Executive Committee at faanp@aann.org. Nominations must be received by February 12, 2021 to be considered.
Reminders

Apply Today: Loretta Ford Centennial Scholarship Program

In 1965, Dr. Loretta Ford co-founded the very first NP program. Now, in honor of her 100th birthday, AANP is offering funding support for registered nurses (RNs) who are seeking to transition to the NP role by earning a DNP. Continue the legacy Dr. Ford began!

Applications are due by Friday, February 5, 2021.

Announcements

What’s Happening?
Do you have an achievement you would like to share with us?

We highlight self-reported accomplishments of our fellows in our newsletter published quarterly. If you would like to share newsworthy accomplishments please go to URL: https://www.surveymonkey.com/r/FAANPAchievements News related to elected positions, awards, and other are used.

These accomplishments generally appear in the Forum, our Fellow's newsletter. However, we reserve the right to edit your entry to conform to allotted space. We do not publish an achievement prior to the actual date it is accomplished; please do not submit an accomplishment in advance.

*******

AANP would like to acknowledge Fellows who are ill or who need a word or words from FAANP. Please, notify Diane Padden (dpadden@aanp.org) or Liza eecchini@aanp.org

Best wishes to all Fellows and their families for good health.
FAANP OFFICERS AND COMMITTEE MEMBERS

FAANP Executive Committee
Chair – Diane Seibert, PhD, CRNP, FAAN, FAANP
Immediate Past Chair - Janet DuBois, DNP, FNP, PMHNP, FAANP, FNAP
Secretary – Mary Anne Dumas, PhD, FNP-BC, GNP-BC, FAANP, FAAN, FNAP
Treasurer – Jamille Nagtalon Ramos, EdD, MSN, WHNP-BC, IBCLC, FAANP
Member-at-Large – Laurie Anne Ferguson, DNP, APRN, ANP-BC, FNP-C, CPNP, FNAP, FAANP
Member-at-Large – Denise Link, PhD, WHNP-BC, CNE, FAAN, FAANP
BOD Liaison – Frank Manole, DNP, MBA, ACNP-BC, FAANP

Selection Committee
Chair – Donna Hallas, PhD, PNP-BC, CPNP, PMHS, FAANP
Terri Lynn Allison, DNP, ACNP-BC, FAANP
Michelle A. Beauchesne, DNSc, RN, CPNP, FAAN, FNAP, FAANP
Kathleen S. Burkhart, MSN, APN-c, FAANP
Kahlil Demonbreun, DNP, RNC-OB, WHNP-BC, ANP-BC, FAANP
Valerie Fuller, PhD, DNP, AGACNP-BC, FNP-BC, FAANP
Alison Mitchell, APRN MSN ACNP-BC FAANP
Vanessa Pomarico, Ed.D, APRN, FNP-BC, FAANP
Alicia Gill Rossiter, DNP, FNP, PPCNP-BC, FAANP, FAAN
Vicky Stone-Gale, DNP, APRN, FNP-BC, FAANP
Joan E. Zaccardi, DrNP, APN-BC, FAANP

Nomination Committee
Theresa M. Campo, DNP, FNP-C, ENP-C, FAANP, FAAN
Mary B. Neiheisel, MSN, EDD, FAANP, BC-FNP
Veronica Wilbur, PhD, APRN-FNP, CNE, FAANP

History Committee
Chair: Barbara Sheer, PhD, PNP, FNP, FAANP
**Newsletter Team and Contact Information**

<table>
<thead>
<tr>
<th>Team Member</th>
<th>Column Assignment</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mary B. Neiheisel</td>
<td>Chair, Newsletter Team</td>
<td><a href="mailto:mbn8682@louisiana.edu">mbn8682@louisiana.edu</a></td>
</tr>
<tr>
<td>Patricia T. Alpert</td>
<td>Member News</td>
<td><a href="mailto:patricia.alpert@unlv.edu">patricia.alpert@unlv.edu</a></td>
</tr>
<tr>
<td>Kim Curry</td>
<td>What to Read Now</td>
<td><a href="mailto:kcurry@aanp.org">kcurry@aanp.org</a></td>
</tr>
<tr>
<td>Mary Jo Goolsby</td>
<td>Leadership/Mentorship</td>
<td><a href="mailto:maryjogoolsby@gmail.com">maryjogoolsby@gmail.com</a></td>
</tr>
<tr>
<td>Deborah C. Gray</td>
<td>International</td>
<td><a href="mailto:dcgray@odu.edu">dcgray@odu.edu</a></td>
</tr>
<tr>
<td>Mary B. Neiheisel</td>
<td>Research</td>
<td><a href="mailto:mbn8682@louisiana.edu">mbn8682@louisiana.edu</a></td>
</tr>
<tr>
<td>Jamesetta A. Newland</td>
<td>Education</td>
<td><a href="mailto:jan7@nyu.edu">jan7@nyu.edu</a></td>
</tr>
<tr>
<td>Kathy Wheeler</td>
<td>Policy</td>
<td><a href="mailto:kjwheeler623@gmail.com">kjwheeler623@gmail.com</a></td>
</tr>
</tbody>
</table>

****

We welcome contributions from our members for the Forum. Please, send your topics to Mary B. Neiheisel at mbn8682@louisiana.edu

Do you have an achievement you would like to share with us? We highlight self-reported accomplishments of our fellows in our newsletter published quarterly. If you would like to share newsworthy accomplishments please go to URL: [https://www.surveymonkey.com/r/FAANPAchievements](https://www.surveymonkey.com/r/FAANPAchievements) Your accomplishments will appear in the Forum, our fellow’s newsletter. (Note: we reserve the right to edit your entry to conform to allotted space).