



FAANP Forum

Winter 2021/2022

The purpose of the AANP Fellows Program, in support of the mission and vision of the AANP, is to impact national and global health by engaging recognized nurse practitioner leaders who make outstanding contributions to clinical practice, research, education or policy.

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Greetings from FAANP Chair

Diane Seibert, FAANP



Dear Fellows,

Well, 2021 wasn't the 'back to normal' year we (or at least I) was hoping for, but as evidenced by the AANP Fall Specialty conference in Hollywood, FL, it appears we are slowly making our way out of the COVID years. Please note that ALL 2022 AANP events are currently scheduled to be "IN PERSON"!

The January FAANP Winter meeting was a success, with just under 100 Fellows attending in person and 140 attending simultaneously via a Zoom link. Both groups reported that they enjoyed the meeting; virtual attendees appreciated the option to participate from the comfort of home and commented that the sessions were interesting and engaging, while the attendees who traveled to New Orleans thoroughly enjoyed the opportunity to reconnect in person with friends and colleagues. As in years past, the Friday night reception was followed by an all-day Saturday meeting, but unlike previous years, the meeting ended Saturday evening. Many people stayed over on Saturday night to enjoy the wonderful dining options in New Orleans, but some people took advantage of the opportunity to head home on Saturday night. I'd like to thank the winter meeting planning committee for all their hard work, creativity, and flexibility in creating a fun and meaningful event. The team consisted of: Meredith Heyde (Chair), Frank Manole, Maria Colandrea, Wendy Paracka, Denise Link, Laurie Ann Ferguson, and Johnny Sue Wijewardane, with Diane Padden and me playing supporting roles.





Greetings from *FAANP Chair*

Diane Seibert, FAANP

FAANP Mentorship program: The FAANP Mentoring taskforce has been very active over the past year launching the newly revised/refreshed Fellows Mentorship Program based on all your input and support. Forty-two (42) AANP members were matched with FAANP mentors and have already begun their collaborations. More to come as we structure the new Coaching Circles (one mentor to many mentees) model this coming year.

We will be sending out a Fellows Survey soon to ask about several things (places for future winter meetings, etc.) but it will also ask if you would be interested in or willing to serve as a mentor for either the dyadic or Coaching Circle options.

And just a reminder of some rapidly approaching deadlines:

January 2022: Award Nominations opened: Loretta C. Ford Award, Legacy Award, and Honorary Fellows. **Deadline Tuesday, February 15th.**

February 2022: Nominations for elected FAANP offices are also now open until Wednesday, March 2 at 5:00PM CST. Please refer to the email and carefully read the Call to Nominations for additional information, such as open position requirements, the link to the nomination form, and the nomination process.

Thank you all for everything that you do every day to help people and communities stay healthy. The skills, knowledge, and that ephemeral thing called “nursing care” that you bring to every person you interact with has never been more important. Please stay safe, I look forward to seeing many of you in person in June at the Annual Conference!

Greetings from *FAANP Forum Chair*

Mary B. Neiheisel, FAANP



Happy New Year and many good wishes for the best year ever!

Dr. Jamie Newland has compiled and edited this newsletter. Thank you, Jamie for a fantastic edition. Thank you to all who submitted a column. The columns, as usual, are outstanding. Hopefully everyone will have the time to read the complete *Forum*. Condolences from the Newsletter team to Dr. Judith Lynch in the loss of her daughter and to the family and friends of Dr. Luz Porter.

**Happy Belated 101st Birthday to our founder,
Dr. Lee Ford.**



Looking forward to hearing from many of you for our next Newsletter.

What to Read Now

Kim Curry, FAANP



As the world gradually re-opens, we continue to face the potential for additional strains of the novel coronavirus. The climate seems to be one of permanent white-water rapids, and we are busier than ever. In light of that, here are a couple of mercifully short reads to consider.

Preserving the tribe

2021 marked five years since the publication of Sebastian Junger's "Tribe: On Homecoming and Belonging." For those unfamiliar with this very short (136 pages) and compact book, it is still worth a read. For those who read it before the pandemic, you will get a new perspective as you reread it through newly informed eyes.

Junger is a professional journalist. Many of you may know him as the author of the book and later movie "The Perfect Storm," about the loss of the fishing boat Andrea Gail and her close-knit crew of fisherman in a 1991 hurricane off the coast of Nova Scotia. The premise of "Tribe" is that having a sense of belonging to a group that cares about its members is an essential need of humans but membership comes at a cost. The author discusses the negative impact of modern society on our sense of group membership and belonging. However, some readers may be left wondering if everyone shares this perception. Are we belonging less or have the methods for connecting simply changed?

The chapter "War Makes You an Animal" may be of particular interest to those of us working in healthcare settings in the past couple of years. After discussing the common belief that modern society disrupts social bonds, Junger points out that when disasters occur they tend to force people back into older ways of relating to each other by creating a "community of sufferers." Readers will want to consider whether this characterization held true for the COVID pandemic. Perhaps it served to some extent to bring people together, but the perception of COVID as a disaster and bonding event does not appear to have been a consistent one in our country and many others based on the wide array of human responses.

In 2021, five years after "Tribe" was published, Junger's book "Freedom" was released. Along with the need for community highlighted in "Tribe," a sense of personal freedom is noted as the other ideal that humans seek. Our recent pandemic experiences have highlighted the fact that the two ideals do not always peacefully co-exist. Both involve trade-offs. In "Tribe," Junger points out that in ancient societies, offenses against the tribe or any of its members meant certain death because loyalty and preservation of the tribe were universally seen as the ultimate goal. The book concludes by highlighting a sense of solidarity as a required ingredient for a successful society.

Junger, S. (2016). *Tribe: On homecoming and belonging*. TwelveBooks.

Who needs a hero?

The January 2022 issue of *JAANP* contains an editorial on problems with the “healthcare hero” narrative by Dr. Leon Chen, a member of our editorial board. More authors are beginning to write about this characterization and its pitfalls. One brief example is a fairly recent commentary published in the Sigma Theta Tau *Journal of Nursing Scholarship*.

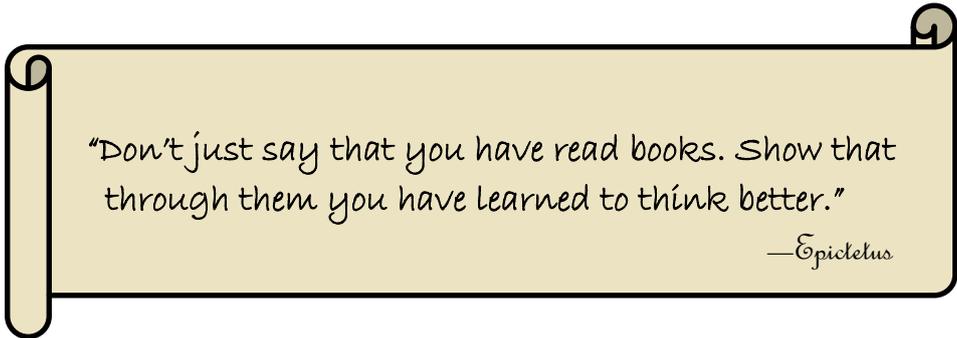
As with the concepts of community and freedom discussed in the Junger book above, there are many consequences of the angel/hero nurse narrative. What could be wrong with characterizing nurses as such wonderful beings? As usual, it is the unintended consequences.

For starters, let’s look at the words. Angel: a heavenly, caring, comforting female servant of a divine power. Hero: an individual changing the world, often through extreme acts requiring unique and special powers. What happened to the skill, education, knowledge, and discipline required to be safe and effective in this career field? These characteristics are missing in the angel/hero narrative in favor of a mythical view of ongoing bravery and self-sacrifice.

Rather than presenting ourselves as people willing to routinely substitute personal bravery for necessary healthcare safety measures, perhaps we should instead use our voices to ensure that we are provided with said safety measures. Rather than martyring ourselves and sacrificing our health and that of our families, perhaps a better plan is to take care of ourselves and set limits as needed for self-preservation. The Sigma authors argue that allowing words that connote magic and mysticism associated with our roles disregards the real investment of time, effort, and commitment made by nurses.

Our knowledge and skill have not been bestowed upon us; we have worked for them. Can we acknowledge it? The authors have several suggestions for nurses to combat false narratives, including challenging the hero stereotype by seeking opportunities to highlight the skill, knowledge, and compassion of nurses, participating in media training, using social media effectively, and perhaps most importantly, reflecting on their own views about the advisability of this narrative.

Stokes-Parish, J., Elliott, R., Rolls, K., & Massey, D. (2020). Angels and heroes: The unintended consequence of the hero narrative. *Journal of Nursing Scholarship*, 52(5), 462–466. doi:10.1111/jnu.12591



“Don’t just say that you have read books. Show that through them you have learned to think better.”

—Epictetus

The Dunning-Kruger Effect: Practice, Policy, and Pedagogy in a World of Unknown Unknowns

Nurse practitioners (NPs) like to function in a world of certainty. However, the worlds where NPs function—practice, policy, and pedagogy—are not always given to certainty. In pursuit of safe practice, fair and equitable policy-making, and strong learning by students, one cognitive bias NPs need to consider is the Dunning-Kruger Effect. The Dunning-Kruger Effect was named after two Cornell University psychologists who coined the term in a paper published in 1999. It happens when individuals overestimate their abilities. In fact, the research David Dunning and Justin Kruger performed found the least competent of the group was the most likely to overestimate their abilities and was unaware of their overconfidence! Additional research has shown the cognitive bias occurs not only due to a lack of skill or knowledge but also to a lack of metacognitive abilities.



The Oxford English Dictionary (para 1) defines metacognition as the “awareness and understanding of one’s own thought processes.” Put simply, it is *thinking about thinking*, and people vary in terms of how much time and effort they put into that ability. Depending on the situation, the metacognitive skills that are needed vary extensively. For instance, students need to learn how they learn. Policy makers need to think about consequences of the policies they implement. Clinicians need to identify gaps in their knowledge and how to work through those gaps, so patients get what they need. They also need to be able to identify knowledge and metacognitive gaps in their patients.

NPs who teach and precept are well aware of the Dunning-Kruger effect in students. The worst nightmare for faculty and preceptors is the overly confident student. Schools, faculty, and preceptors spend a lot of time instilling skills and metacognitive abilities in students so they *know what they know, know what they don’t know, and know the difference*. Unfortunately, a full discussion is beyond the scope of this column devoted to policy issues.

Hopefully, clinicians are careful and thoughtful about their own limits. But questions arise when NPs attempt to understand patients and policy makers who are misguided. A constant frustration on the part of NPs attempting to influence policy makers is that no amount of NP positive data affects the policies NPs need changed so they can practice to the full scope of their education and provide the access to care that is needed across the country.

In a 2019 interview, Dr. Dunning (available at <https://www.vox.com/science-and-health/2019/1/31/18200497/dunning-kruger-effect-explained>) pointed out that everyone is a member of the Dunning-Kruger club; they just don’t know they are. He went on to champion intellectual humility and the questioning of what one knows. Countering the Dunning-Kruger Effect involves not merely exposing someone to information but affecting their metacognitive approach to the subject while also instilling intellectual humility. While providing information and knowledge can be complicated, the difficulty pales in comparison to affecting someone’s metacognitive abilities and intellectual humility. Of course the first step is for the NP to strengthen these qualities

for themselves by:

1. Spending time on self-reflection. Journaling may be a way to do this.
2. Working on self-awareness.
3. Improving second-level thinking for decision making. When working through a problem it is important to question the initial conclusion by pondering blind spots and information gaps.
4. Exploring the nature of their own biases.
5. Improving openness to criticism

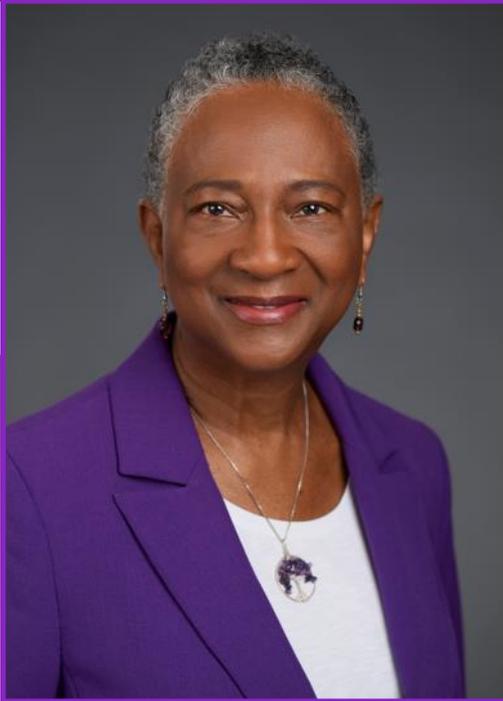
For patients and policy makers, NPs may be able to improve thinking and outcomes by:

1. Spending time conversing with patients and legislators, exploring their positions, discussing their concerns, and correcting their misconceptions.
2. Developing a trusting relationship by answering questions and avoiding judgmental conclusions and language.
3. Sharing examples of logical thinking pathways and good outcomes.
4. Applying motivational interviewing techniques (One of the classes at the AANP National Conference this summer is on motivational interviewing, and there is a lot available online).

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Revised Criteria for NP Program Evaluation



A draft of the sixth edition of the National Task Force (NTF) (2021) criteria for evaluation of nurse practitioner programs reveals major changes in some of the criteria. The new standards focus on the performance of the NP program and not the individual student level. The fifth edition was co-published by the American Association of Colleges of Nursing (AACN) and the National Organization of Nurse Practitioner Faculties (NONPF) in 2016 but health care delivery systems and the educational needs in developing a competent future workforce have changed.

In September 2019, AACN invited the NTF to reconvene to update the evaluation criteria with a projected date for final approval of the revised criteria in December 2021. The 19 organizations* invited are engaged in activities related to NP education, program accreditation, certification, licensure, or practice. They all agreed to endorse (“a general philosophical agreement with the content and intent”) the project. Meetings were held with organizational representatives from December 2019 through July 2021. During that time documents were exchanged multiple times between the organizations and revised based on comments from the representatives and affiliated Board members. Members of the organizations had opportunities to hear through webinars what was happening in the taskforce meetings. A draft document was released to the public for comment in July 2021. Next, several listening sessions were held in August and a final webinar was presented in September, to inform faculty and other stakeholders, to answer questions, and to receive feedback. The final document has not been approved yet.

Emerging trends

The 2008 *APRN Consensus Model* served as the foundation for developing the standards and evaluation criteria. Discussions were driven by four emerging trends in the health professions and in higher education. These trends supported the need for changes in the evaluation criteria. First, the transition to time-variable competency-based education (CBE) in other professions made the frequently voiced concerns about establishing a defined number of clinical hours as the parameter to determine clinical competency and eligibility for graduation and certification more questionable. NP education, however, is not at a position to completely transition from evaluation by hours to CBE. Second, the inclusion of interprofessional education (IPE) in NP education has become an expectation, and IPE experiences need to be clearly identified in the curriculum throughout a NP program. Third, even though the use of simulation in health professional education has grown, using simulation hours to count toward the total required program hours still meets resistance. The argument is that simulation supports the development of com-

petencies in preparation for direct patient care experiences, which are necessary to meet program outcomes and demonstrate competency in the chosen population focus area. Fourth, *The Future of Nursing Report, 2020-2030: Charting a Path to Achieve Health Equity* identified the need for increased diversity, equity, and inclusion in health professional education, to include addressing the social determinants of health through stated curricular objectives and activities.

New standards

In the draft document of the revised NTF NP program standards and evaluation criteria, the previous six chapters have been collapsed into four chapters. Standard One focuses on institutional supports for the NP program to ensure alignment with the larger mission and governance structure of the university or college. Standard Two focuses on the resources required for a quality program, which include guidelines for faculty workload and preceptor selection and evaluation. Standard Three focuses on curricular elements necessary to prepare students for the NP role. And Standard Four focuses on the requirements for establishing a process of systematic evaluation in a NP program for ongoing quality improvement. In this article, I will focus on the changes in Standard Three that are recommended for the clinical hour requirement.

Clinical hours

The revised NTF standards and criteria recommend a minimum of 750 direct patient care hours before program completion in order for a student to meet eligibility requirements to sit for a certification examination. The previous fifth edition had set this criterion at a minimum of 500 hours with the expectation that NP programs would, of course, require more than 500 hours, which most did. Programs still are restricted from using simulation hours toward the required 750 hours; however, telehealth and global health experiences can be included in the 750 hours. One additional recommendation is that students in the last year of study have a concentrated immersive clinical practice experience; these hours also can be included in the total number of hours. In general, clinical experiences are to be distributed, based on the population-focused area, throughout the NP program to support competency development to meet the needs of the population focus. Faculty in each course that has associated clinical hours must document the hours, their application to the population focus, and an evaluation of the associated clinical experiences.

These additional hours will more than likely increase the usual challenges many NP program faculty face – insufficient number and quality of clinical placement sites, preceptors, and other resources. When you add to the 750 hours simulations hours and other experiences built into a NP program, required program hours might approach 900 or more for every NP program. This will have faculty workload and budgetary implications, not to mention a potential strain on academic-community partnerships.

Final approval of the revised criteria

The comment period ended months ago. We must wait to see what the final document will include and what changes were approved. Then NP program faculty will have to work to modify current curricula, program outcomes and measures, and evaluation processes. NP education must change with the times to ensure that graduates are prepared at the highest level of education with the appropriate knowledge and skills to successfully be competent practitioners upon graduation.

National Task Force. (2021). *Standards for Quality Nurse Practitioner Education: A Report of the National Task Force on Quality Nurse Practitioner Education* (6th ed.) [Draft]. American Association of Colleges of Nursing.

***National Task Force Organizational Members**

Accreditation Commission for Education in Nursing

American Academy of Nurse Practitioners Certification Board

American Association of Colleges of Nursing

American Association of Critical-Care Nurse, Certification Corporation

American Association of Nurse Practitioners

American Nurses Credentialing Center

American Psychiatric Nurses Association

Association of Faculties of Pediatric Nurse Practitioners

Commission on Collegiate Nursing Education

Gerontological Advanced Practice Nurses Association

International Society of Psychiatric-Mental Health Nurses

National Association of Neonatal Nurse Practitioners

National Association of Nurse Practitioners in Women's Health

National Association of Pediatric Nurse Practitioners

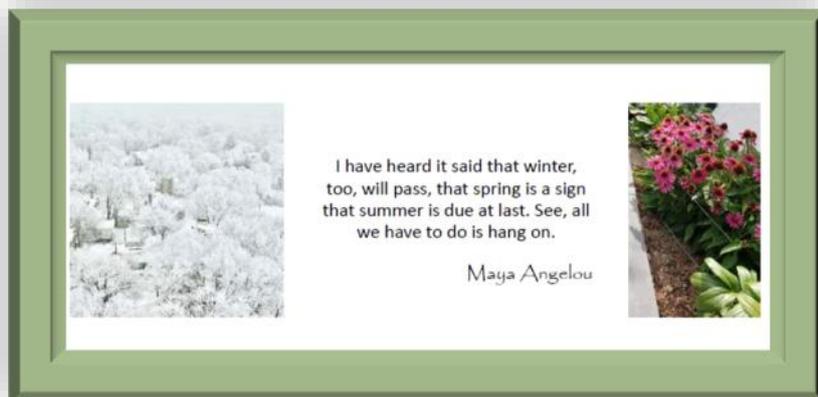
National Certification Corporation

National Council of State Boards of Nursing

National Organization of Nurse Practitioner Faculties

National League for Nursing Commission for Nursing Education Accreditation

Pediatric Nursing Certification Board



Leadership/ Mentorship

Mary Jo Goolsby, FAANP

Calling All FAANP Leaders: Share Your Leadership Journey

In this issue, I invite Fellows to contribute to future Leadership/ Mentorship columns by sharing their perspective on “Leadership.” Some of you may know that I often struggle with the term “leadership” as it is described in some textbooks and course descriptions related to NPs. Such documents may acknowledge that leadership occurs outside of specific organizations and without regard to one’s job title or years in service. However, the exemplars and focus typically remain on leadership within a defined organization and include those factors that overlap with administration and management. But as AANP Fellows, each of you has demonstrated leadership in a myriad of ways, and it is this information that I invite you to share with Fellows and other readers.



Over the past years I have enjoyed the opportunity to talk with individuals and groups about leadership as an individual and personal process. That is, where individuals identify their passions, learn new skills as necessary, chart their path towards their big goal, and inspire others along the way. Sinek (2009) reminds us that leadership is a choice, not a rank, and that we should become the leaders we wish we had. Much of the non-nursing literature on the broad leadership space acknowledges that there is no specific trait, personality, position, or experience that creates a leader. Instead, leadership comes in many forms and can be learned. Godin (2014) notes, the only one trait shared by leaders is their decision to lead.

Among our AANP Fellows we have a unique community of NPs who have demonstrated leadership as thought leaders, policy experts or activists, administrators, individual clinicians, researchers, and much more. The type of leadership I’m thinking of has nothing specifically to do with a formal role but can emerge and grow in any of these areas by inspiring others to join on your journey.

Because opportunities are often fleeting, individuals should be prepared by considering what leadership means to them, what passion lights their fire of enthusiastic interest, and how willing they are to take risks in stepping out of the status quo. I’d love to have some dialogue through this column where, upon reflection, you articulate some exemplar from your leadership path. Perhaps this would include what made you passionate about an area and how you made a commitment to stay the course to achieve your objective, as well as how you were able to engage others along the way.

So, think about when you have taken risks, sought opportunities, taken the rein in your direction to overcome obstacles and drive to the goal. How did you gain courage and confidence—or did you fake it until

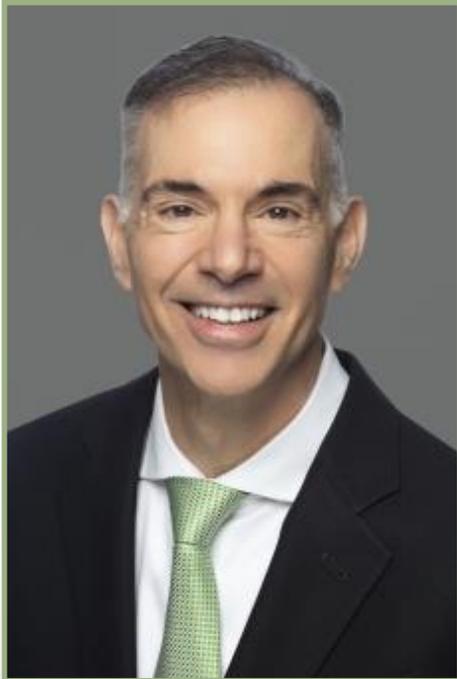
Leadership/ Mentorship

you gained these? How did you curate a professional network to support encouragement and shared contributions with one another? What role did intuition play in your journey as you filtered and weighed opportunities along the path ahead? How has your demonstration of integrity, authenticity, and enthusiasm inspired others? Has there been a situation in which you had to “get off the bus” or make corrections along the route forward? What role did “grittiness” or maintenance of a “laser focus” play in ensuring your own commitment and encouraging that of others?

Of course, there are many other ideas and experiences to share. Your contributions will inspire one another, as well as providing fodder for further discussions on what leadership means for NPs. This *FAANP Forum* is published four times a year. Please reach out to me if you would like to contribute an upcoming column on a related topic!



Dr. Lee Ford



For this column, we have a very special guest who is known by all NPs. Dr. Jeff Bauer, a health futurist and medical economist, has over 300 publications on healthcare delivery, including dozens of articles in the *FAANP Forum*. What you may not know about Dr. Bauer is his work as an artist and his unique style of creating word art. His paintings have been shown at galleries in Chicago, Denver, Santa Fe, Colorado Springs, Salishan (OR), and Stoughton (WI). You can view some his work at <https://jeffbauerwords.com/word-art/>.

I posed the following three questions to Dr. Bauer:

Ricciardi: Please tell us about your journey and current work as an artist.

Bauer: I was very interested in graphic arts as a college student back in the 1960s, but I never thought seriously about becoming an artist until I was chosen as a Kellogg Foundation National Fellow in 1980. My proposed Fellowship project was to study how academic health centers affected rural hospitals, but the Foundation's program director (already a friend professionally) begged me to do something totally unrelated to my academic career. When I shared my secret dream to become an artist, he basically dictated that I use the Fellowship to learn to paint. I thus spent one-third time over the next three years taking studio art courses, visiting artists and museums, and researching artistic creativity. Other Fellows presented academic treatises at the end of the program; I displayed a dozen paintings at an art show!

I have exhibited my work in several respected art galleries and commercial settings, including Neiman-Marcus' permanent collection, and I developed an art-focused seminar titled "Mastering Chaos: Creativity 101 for Health Care's Daring Spirits." I keep this presentation up-to-date for leaders who are interested in actively creating their own futures rather than passively responding to external forces. However, after 50 years in health care, I'm dismayed that most leaders are passive responders even though they have an unprecedented opportunity—I would argue an obligation—to create a new medical marketplace for the post-pandemic era. I'm therefore devoting most of my effort now to innovating as an artist, focusing on non-fungible tokens (NFTs) as the next major step in the evolution of art. Just as health professionals should be developing futures outside their traditional settings, I am getting ready for an art world without galleries and museums.

Ricciardi: How has creating art influenced your career and success as a scientist and futurist? Are there interdependencies between your artistic talents and your skills as a scientist and futurist?

Bauer: Great question. All the factors you mentioned were present in my formative years. I was a real nerd back in the 1960s, when young people were given exceptional incentives to become scientists. I built a nuclear magnetic resonance spectrometer as a science project in 1962 (quite a story in itself), resulting in a National Science Foundation grant to work on an atmospheric physics study for the National Center

for Atmospheric Research while still in high school. I worked about one-third time for six years with international scientists who taught me how to be a good researcher. Several of them were accomplished painters and musicians, so we spent spare time sharing artistic interests. (We were working at very remote locations; there wasn't much else to do.) I learned to play recorder with a few of the researchers and watched others do *plein air* paintings. Not surprisingly, I hung out with an “artsy-craftsy” crowd in college and worked as photographer for the campus newspaper's coverage of music and art events. I snapped many photos of paintings and wrote accompanying stories, but never picked up an artist's brush until becoming a Kellogg Fellow made it possible.

This multidisciplinary education, totally unplanned, gave me great appreciation for serendipity as a key element in scientific and artistic creativity. Indeed, one of the major themes in artists' writings about their own work has been how much art evolves on its own momentum—books, paintings, and musical compositions largely creating themselves once the artist initiates the process and lets it happen. This unpredictable evolution of artistic activity explains a key point I make in my speeches and writings about the future of health care. Be prepared for surprises. Explore the realm of possibilities with an open mind, like an artist allowing unexpected but interesting things to happen as the creative process unfolds. I think American health care falls far short of its potential because most leaders want predictability; they ask me to look in the crystal ball and tell them what is going to happen, not what could happen. My focus on different and better futures in the medical marketplace—the hallmark of my books like *Not What the Doctor Ordered*—comes at least as much from my background as an artist as from my PhD in medical economics.

Ricciardi: What advice would you give to readers of the *Forum* on how to develop their artistic talents and to strengthen their creativity and curiosity in scientific endeavors?

Bauer: I like to remind innovative health professionals that the history of art is one of constant change, of old masters being challenged by modernist renegades who become the new masters who themselves are soon enough challenged by new modernists, and so on. Defenders of established order do their best to discredit renegades' works because they don't follow the rules of tradition, which makes it difficult to present a new—but perfectly valid and ultimately enduring—way of seeing things. It takes courage to create, and creativity is what moves the world forward. So, be courageous.

To answer your specific question in the context of health sciences, I believe the important challenge for *Forum* readers is to defend more than one approach to health care. It is to challenge the traditional (i.e., AMA) image of the physician as *the* way all health professionals should look. In other words, it is to promote the co-existence of physicians and alternative practitioners within different, legally defined, scientifically based scopes of practice. As an artist, I think we need health care equivalents of classical art museums and modern art museums. As an economist, I want to make sure that consumers—not museums—get to choose which establishment they visit based on personal needs and preferences.

Quotes from this interview

“Be prepared for surprises.”



“I think American health care falls far short of its potential because most leaders want predictability; they ask me to look in the crystal ball and tell them what is going to happen, not what could happen.”

“It takes courage to create and creativity is what moves the world forward. So, be courageous.”

**Jeffrey C. Bauer, PhD, FAANP
(Honorary Fellow)**

History/ Blast From the Past

Barbara Sheer, FAANP

Greetings!

We hope your holidays were happy as we enter a New Year. The AANP History Committee has some exciting news and would like everyone to be a part of preserving our history. The first development is that we have a dedicated website AANP.org/history. The website offers the opportunity to highlight the history of each state. We hope to include all 50 states and beyond. This is your chance to add content of the history of your state. Today we are highlighting two videos representing the efforts in New Jersey and Florida. “Battles Hard Fought” was the first video completed by Carolyn Torre and Kim Curry as part of the funding from the Eleanor Crowder Bjoring Center for Nursing Historical Inquiry (ECBHNI). This video was first shown at a Fellow meeting, documenting the battles in NJ. “Battles Ongoing” is the second funded video produced by Kim Curry and Carolyn Torre. This video has been presented at ECBHNI. Fellows Elayne DeSimone and Mary Koslap-Petraco will be adding to the collection with the history of the New York State Coalition. A white paper with the Missouri journey has been added by Kathleen Haycraft. Consider being the next to submit your state and add to the collection.



We want to encourage and assist all of you to find the historic resources in your state and additionally to conduct historical research. To this end we presented a proposal to AANP to fund two different projects. The first is a research grant for research related to nurse practitioners on a broad scale, national or international level, and the second to fund states in their search for archives in their state. We wish to thank the AANP Board for their decision to fund our proposal. The call will be available early next year.

Also, on the website you will find a video link to an interview which appeared on PBS, “Growing Bolder” featuring Dr Loretta Ford sharing her 100 years of wisdom. We enjoyed celebrating her 101st birthday. Lee, with the assistance of her daughter Valarie, are downsizing some of her accumulated possessions. She wants any money collected to benefit nurse practitioners. Some items will be featured at the conference in Orlando.

Our next major and exciting project is our oral history project in collaboration with ECBHNI. The director of the center Dominique Tarbell has conducted similar projects at the University of Minnesota. We will be reformatting our interviews to include additional information for the project. The questions will remain the same, but the new format will enable search capabilities. At the present time, our interviews are in a Dropbox and published in the newsletter but are not readily accessible for researchers.

At our virtual induction, the new fellows represented a diverse group of leaders with outstanding accomplishments. We would like to ask sponsors of Fellows to consider the interview as a way of representing our history and honoring the inductees. Existing Fellows have such incredible experiences and wisdom representing our historical journey; we hope that they would also consider interviews. What an accomplishment to have 800+ interviews available to others. Protocol for the interviews is available from

sheer@udel.edu and will be posted in the future.

We would like to acknowledge Carolyn Torre and Kim Curry on their historical presentations at the Annual American Association for the History of Nursing Meeting. We are so proud to advance the history of nurse practitioners.

On a sad note, Judith Lynch's daughter Beth died in November. Judith initiated the Fellows Interviews and was an early contributor to the *Forum*. We offer our deepest sympathy.

As we move to the new year, we have a to-do list for those of you who feel they need something else to do.....

1. Explore our website.
2. Add your state to the featured states.
3. Consider applying for a grant.
4. Be part of the oral history project.

Looking forward to a happy and healthier New Year and thanking all of you for your commitment in all you do.

NOMINATE A WORTHY FELLOW!

January 2022: Award Nominations opened: Loretta C. Ford Award, Legacy Award, and Honorary Fellows. **Deadline Tuesday, February 15th.**

February 2022: Nominations for elected FAANP offices are also now open until Wednesday, March 2 at 5:00PM CST. Please refer to the email and carefully read the Call to Nominations for additional information, such as open position requirements, the link to the nomination form, and the nomination process.

In Memoriam

Life Reflection on Dr. Luz Sobong Porter

Submitted by Brian Oscar Porter, her son

It is with profound sadness that we announce the passing of Dr. Luz Sobong Porter, a brilliant and internationally renowned nursing researcher, author, professor, and compassionate nurse. She passed away peacefully at home on November 17, 2021 in Ohio surrounded by her loving family. She leaves behind a remarkable legacy of inspiration, kindness, excellence, and notable contributions to the nursing profession and academia, along with beautiful memories that will live on in each of us.

Born and raised in Oroquieta City, Philippines, Luz received her bachelor's degree in Nursing in 1958 as a scholar at Silliman University, where she would eventually return to begin her clinical nursing and teaching career as Distinguished and Visiting Professor and Assistant Dean in the College of Nursing. However, she first moved to the U.S. and in 1964 earned her master's degree in nursing at the University of California-Los Angeles. She earned her PhD in Nursing Science in 1967 (the first Filipina nurse ever to achieve this), with a focus on Parent-Child Nursing from New York University where she served as Associate Professor and Director of the Parent-Child Graduate Nursing Program. In addition to these institutions, her academic career in teaching and graduate program development extended to Penn State University (Pennsylvania), Sangamon State University (Illinois), the University of California-Los Angeles, West Virginia University, the University of Miami (Florida), and ultimately Florida International University (FIU) in 1990, where she founded the Master of Science in Nursing Program and later founded and directed the PhD in Nursing Program, serving as Professor in the Graduate Nursing Department until her retirement in 2010 as one of the first two Professors Emerita in Nursing at FIU. Throughout her career, she instructed, advised, and mentored thousands of students, faculty and nurses, and her distinguished legacy will live on in the lives of all who benefited from her professional expertise and knowledge in nursing.



In Memoriam

Life Reflection on Dr. Luz Sobong Porter

Submitted by Brian Oscar Porter, her son

Among her many distinguished honors, Dr. Porter was a Fellow of the American Academy of Nursing, the American Association of Nurse Practitioners, the Robert Wood Johnson Foundation, Sigma Theta Tau, and the W.K. Kellogg Foundation, through which she completed her Family Nurse Practitioner Fellowship at the University of Tennessee-Memphis in 1997. She was also selected as a Senior Fulbright Scholar and served as a Visiting Fulbright Professor at Alexandria University in Egypt and was a member of the Congress of Minority Nurse Leaders. Her numerous global awards included the Excellence in Research Awards from the Philippine Nurses Association of America and the Miami Veterans Affairs Medical Center, as well as awards for Professorial Excellence and Distinguished Faculty Service at FIU. She was principal investigator on more than 29 nursing research and teaching grants and published 35 nursing articles and manuscripts, presenting at countless conferences and symposia throughout her career. She also served as a consultant and reviewer to numerous U.S. and global higher education institutions and organizations focused on graduate and doctoral nursing education and pediatric nursing, selflessly engaging in community service and membership with countless professional and advocacy organizations throughout her life, notably Sigma Theta Tau, the National Coalition of Ethnic Minority Nurse Associations, and the Philippine Nurses Association of South Florida.

An avid and adventurous traveler, Luz visited New Zealand and snorkeled Australia's Great Barrier Reef as recently as 2018. Beyond all her accomplishments, however, Dr. Porter was a devoted sister to nine siblings, a loving mother to her daughter Carlene and sons Brian and Kevin, an adoring grandmother to nine grandchildren and one great grandchild, and an aunt and cousin to hundreds of loving relatives. In turn, Luz visited her extended family regularly around the world, including in her home country of the Philippines as recently as 2019. A woman of strong faith and spirituality, one of Luz's greatest joys was singing in her church choir at Faith Presbyterian Church in Pembroke Pines, Florida where she previously served as Deacon. With this knowledge of her devotion to God, family, friends, and colleagues, we reflect on a life well lived, with much love and joy as Luz remains in our hearts forever.

A celebration of life service for Luz is planned on April 2, 2022, on the FIU campus in South Florida. At the family's request, gifts in memory and to honor the life of Dr. Porter can be made to the Dr. Luz Porter Graduate Nursing Scholarship Endowment Fund at FIU's Nicole Wertheim College of Nursing & Health Sciences to benefit outstanding graduate nursing students with financial need. Gifts can be made online at <https://go.fiu.edu/Porter>. Acknowledgements and condolences may be sent in c/o Carlene Sandella, 1943 Abbots Pond Circle NE, Canton, Ohio 44721. For more information, please contact Kim English, Director of Development, (305) 348-1336 or kenglish@fiu.edu.



What's Happening Now?



Every quarter we receive self-reported accomplishments by Fellows. In this issue, we are proud to recognize distinguished Fellows who contributed much to advance the field of healthcare or the professional role of nurse practitioners. The following have made contributions in the areas of practice, research, policy, and/or education.

If you would like to share newsworthy accomplishments, please go to [URL:https://www.aanp.org/fellows-program/faanp-](https://www.aanp.org/fellows-program/faanp-)

Nanette Alexander, FAANP

Election: Elected to Executive Board of Prime Health Care PC in Connecticut, June 2021

Other: In the first cohort of APRN shareholders in the provider-owned multispecialty corporation

Wailua Brandman, FAANP

Award: 2021 Distinguished Alumni Award from the Yale School of Nursing. He graduated in the class of '94 with his MSN. He received the award on July 2, 2021 for his contribution to nursing. Brandman's advance practice career has included the roles of graduate and undergraduate nursing faculty at the University of Hawaii at Manoa, clinical preceptor, consultant, leadership in health care policy, clinician, and cultural entrepreneur. Brandman is a certified Holographic Memory Resolution Practitioner (CHMRP) and was the first Psychiatric Mental Health Nurse Practitioner (PMHNP) in Hawaii and the first PMHNP to become a primary care provider (PCP). In 2007, he co-founded the Hawaii Association of Professional Nurses and served as the founding president. He is a co-founder and president of the American Psychiatric Nurses Association Hawaii chapter.

Election: On January 1, 2020 he was elected Treasurer of the Hawaii Association of Professional Nurses and completed his two-year term on December 31, 2021.

Adele Marie Caruso, FAANP

Appointment: Three-year appointment to the American Urological Association (AUA) Advanced Practice Providers Education Committee, 2021-2024, Advanced Practice Provider Section of AUA.

Award: Awarded the Barbara A. Todd Advanced Practice Leadership Award in October 2020 for Excellence in Leadership, Clinical Practice, Education, and Research from the University of Pennsylvania Health System.

Presentations: (1) Caruso, A. M. (2021, October). *Immunotherapy and genitourinary cancers: Current and evolving therapies*. [Conference session]. Presented at the Pennsylvania Coalition of Nurse Practitioners 19th Annual Conference, Pittsburgh, PA. (2) Caruso, A. M. (2021, May/September). *Telemedicine/Televideo platform as a preferred mode for renal cell carcinoma surveillance during the COVID-19 pandemic*. [Conference session]. Presented at the American Urological Association 69th Annual 2021 Meeting-Kick Off Meeting_AUA 2021 Urologic Care for the Advanced Practice Provider, Las Vegas, NV.

Publications: (1) Caruso, A. M. & Schlamb, C. (2021). PCNP: A new era in shaping health policy. *Journal of the American Association of Nurse Practitioners*, 33(11), 857-861. DOI#10.1097/JXX000000000000528. (2) Caruso, A. M. (2021, May 21). *Telemedicine a model for renal cell carcinoma surveillance during the COVID-19 Pandemic* [Blog Post]. <http://urologytimes.com>

Member News

Pat Alpert, FAANP

Shanna Chapman, FAANP

Election: Elected Region 7 Board of Director, AANP, June 2021

Presentations: (1) Chapman, S. (2021, October 9-10). *X-Ray interpretation*. [Conference session]. Association of Missouri Nurse Practitioners Annual Conference, Lake of the Ozarks, MO. (2) Chapman, S. (2021, September). *Fast track: 2021 changes for HTN, hyperlipidemia & thyroid disorders*. [Conference session]. St Louis University APN Conference, St. Louis, MO. (3) Chapman, S. (2021, October 3). *What PPE doesn't stop*. [Keynote presentation]. California Student NP Association Annual Webinar. (4) Chapman, S. (2021, October 2). *Managing stress and selfcare*. [Pre-Conference session]. Annual Conference, California Student NP Association (Webinar). Sacramento, CA.

Legislative/Policy Activity: Association of Missouri Nurse Practitioners Legislative Committee Missouri Nurses Association, Legislative Committee member

Cindy Cooke, FAANP

Legislative/Policy Activity: Appointed to serve a second two-year term on the American Association of Colleges of Nursing (AACN) Health Policy Advisory Council (HPAC), a national committee on health policy. HPAC's purpose is to provide contextual and policy guidance to AACN for issues that require insight from nursing academia expertise. Cindy was selected as Chair of the HPAC for the 2021-2023 term.

Deborah Gray, FAANP

Award: Deborah Gray received the 2021 University Provost's Award for Leadership in International Education from Old Dominion University in Norfolk, VA. The announcement was made in August 2021.

Angela Golden, FAANP

Award: The Steelman-Seim Educator Award for Excellence in Academics from the Obesity Medicine Association. This award is given to a member annually for exhibiting excellence in advancing the cause of health care through education and teaching. Angela received her award on September 25, 2021 in Chicago at the Overcoming Obesity 2021 Conference sponsored by the Obesity Medicine Association.

Publication: Golden, A. (Ed.) (2021). Obesity. [Special Issue]. *Nursing Clinics of North America*, 56(4), 449-646. <https://doi.org/10.1016/j.cnur.2021.08.004>

Beth Haney, FAANP

Publication: Haney, B. (2021). Nostalgia paresthetica: An underdiagnosed condition in primary care. *The Nurse Practitioner*, 46(9), 40-46. <https://doi.org/10.1097/01.NPR.0000769752.50576.d0>

Recognition: Selected as a Fellow of the American Academy of Nursing (FAAN) in October 2021 during the Academy's Annual Health Policy Conference held in Washington, DC.

Stacia M. Hays, FAANP

Appointment: Member, International Council of Nurses NP/APN Network, Practice Subgroup. She was appointed to this position on November 1, 2021 for a 3-year term.

Presentation: Taylor, L. A., & Hays, S. M. (2021, September 9). *Dare to prepare: Essentials for your leadership suitcase*. [Preconference session]. International Transplant Nurses Society Leadership Workshop. Portland, OR. <https://eventsinamerica.com/keynote-speakers-motivational-speakers>

Publications: (1) Kauffman, K., Cline, G., & Hays, S. M. (2021). A ladder that matters: Conceptual development of a clinical ladder program from nurse practitioners and physician assistants. *Journal of the American Association of Nurse Practitioners*. [Advance online publication]. <https://doi.org/10.1097/JXX.0000000000000662>. (2) Hays, S. M. (2021, October). *An expert's bona fide guide: Life as a pediatric NP*. NPschools.com

Member News

Pat Alpert, FAANP

Robin Lawson, FAANP

Publication: Imboden, A., & Lawson, R. (2021). Improving breast feeding duration through creation of a breastfeeding-friendly pediatric office. *Journal of the American Association of Nurse Practitioners*. doi:10.1097/JXX.000000000000052.

Kevin Letz, FAANP

Publication: Letz, K. (2021). Author of *Evidence Based Practices for Happiness & Well Being*. ACNPF Publishing. <https://drkevin.wixsite.com/happymedicine>

Teena M. McGuinness, FAANP

Recognition: In May recognized as Professor Emerita by the University of Alabama at Birmingham School of Nursing

Rosario Medina , FAANP

Recognition: (1) Recognized as one of the Exceptional Women in Medicine during National Hispanic Heritage Month at the University of Colorado Anschutz Medical Campus, September 2021. <https://news.cuanschutz.edu/news-stories/celebrating-exceptional-women-in-medicine-during-national-hispanic-heritage-month>. (2) Nominated to Nurses You Should Know, October 4, 2021. <https://medium.com/nurses-you-should-know/rosario-medina-892acd6101a7>

Jessica Peck, FAANP

Awards: (1) Leadership Excellence Award, International Council of Nurses NP/APN Network, August 2021. (2) Hall of Fame recognition from the International Academy of Nursing Editors Article of the Year for both the *Journal of Pediatric Health Care* and the *Journal of Pediatric Surgical Nursing*. Her award was announced virtually in September 2021. (3) Hall of Fame Inductee, University of Texas Medical Branch. The award was made virtually in October 2021.

Publications: (1) Peck, J. L. (2021). A train-the-trainer programme to deliver high quality education for healthcare providers. *Anti-Trafficking Review*, 17(2021), 140-147. <https://doi.org/10.14197/atr.201221179>. (2) Batley, C., Garrett, A., Greenbaum, J., Hopper, E., Murphy, L., Peck, J., Pfenning, E., Robitz, R., & Stoklosa, H. (2021). *Core competencies for human trafficking response in health care and behavioral health systems*. U.S. Department of Health and Human Safety Administration for Children and Families, International Centre for Missing and Exploited Children, National Association of Pediatric Nurse Practitioners, HEAL Trafficking. <https://nhtac.acf.hhs.gov/resource/report-core-competencies-human-trafficking-response-health-care-and-behavioral-health>. (3) Peck, J. L., & Sonney, J. (2021). Exhausted and burned out: COVID-19 emerging impacts threaten the health of the pediatric advanced practice nursing workforce. *Journal of Pediatric Health Care* 35(4), 414-424. <https://doi.org/10.1016/j.pedhc.2021.04.012>. (4) Peck, J. L. (2020). Child trafficking victims in pediatric surgical environments: Implications for nursing care and advocacy. *Journal of Pediatric Surgical Nursing*, 9(4) 116-124. DOI: 10.1097/JPS.0000000000000266. (5) Doiron, M., & Peck, J. L. (2021). The role of nursing in the school setting to lead efforts to impact child trafficking: An integrative review. *Journal of School Nursing*, online advance access. <https://doi.org/10.1177/1059840520987533>

Richard Ricciardi, FAANP

Appointment: Appointed by the European Nursing Congress (ENC) to serve on the Committee of Recommendation for a two-year term, which began in October 2021. With its five previous editions, the European Nursing Congress has established itself as a major event for nurses, researchers, managers, and policymakers from Europe and, increasingly, from all parts of the globe. Richard will serve as an advisor to the ENC. More information at <https://www.enc22.eu/committee-of-recommendation/>

Member News

Pat Alpert, FAANP

Susan D. Ruppert, FAANP

Appointment: Appointed to the American Association of Colleges of Nursing (AACN) Essentials Implementation Steering Committee on September 10, 2021, with initial appointment through August 2022. She is subject to reappointment.

Susan Smith, FAANP

Presentation: Smith, S. (2021, November 7). *Predictive factors and outcomes for lower extremity amputations in burn-injured adult patients: A 10- year review*. [Conference session]. 34th Annual Southern Region Burn Conference, New Orleans, LA.

D'Ann Somerall, FAANP

Election: Reelected as the North America Region 8 Regional Chapter Coordinator for Sigma Theta Tau International for the 2021-2023 Biennium.

Rhayun Song, FAANP

Appointment: Appointed as Dean, College of Nursing, Chungnam National University, Korea. Dean Song started in this new position on February 1, 2021 with a two-year appointment.

Legislative/Policy Activity: Policy Project Grant by Korean Nurses Association (2021) - Clinical Competency Based Nursing Education Initiative (principal investigator)

Publication: Kim, S., Park, M., & Song, R. (2021). Effects of self-management programs on behavioral modification among individuals with chronic disease: A systematic review and meta-analysis of randomized trials. *PLOS ONE*, 16(7), e0254995. <https://doi.org/10.1371/journal.pone.0254995>

Michelle Taylor Skipper, FAANP

Other: Completed ANCC National Healthcare Disaster Professional Certification Exam in September 2021. She has since initiated 4 new disaster nursing courses at East Carolina University

Angela Thompson, FAANP

Appointment: Appointed as co-chair for the 2022 AANP Fall Conference

Presentation: American Association of Nurse Practitioner Fall Conference, Austin, TX. <https://www.aanp.org/events/2021-aanp-fall-conference-online>. (1) Thompson, A. (2021, September 16). *Adult-onset type 1 diabetes: How to navigate diagnosis and management in primary care*. [Conference session]. (2) Thompson, A. (2021, September 17). *Multidisciplinary case studies for cardiometabolic disease*. [Panel presentation]. (3) Thompson, A. (2120, September 20). *2021 updates to diabetes management and care*. [Conference session].

Arlene Wright, FAANP

Presentation: Wright, A. (2021, September 18). *Creating an AP mentorship program*. [Conference session]. Advanced Practice Provider Executive Annual National Summit. Orlando, FL. <https://www.appexecutives.org/conferences/advanced-practice-leadership-summit/>



CONGRATULATIONS

ANNOUNCEMENTS

Kim Curry, FAANP



Call for Papers: *JAANP* Fellows Column

“The Fellows Speak” is a recurring special feature of *JAANP*. Each column, written by an AANP Fellow, informs readers of: issues, trends, and factors impacting the NP role, professional responsibilities and related strategies to promote stewardship of the NP role.

This broad purpose provides opportunities for Fellows to share their reflections on current issues, informed by their experiences, knowledge and expertise in NP practice, policy, research, and education. Fellows Column manuscripts should provide thoughtful, scholarly discussions of topics with informed and/or opinion of their topic. Manuscripts primarily written as clinical articles or research reports are not be suitable for the column.

Fellows Column manuscripts are limited to approximately 1500 words and nine references. They are submitted through the *JAANP* Authors Submission Site. In order for a manuscript to be considered as a Fellows Column, authors must select “The Fellows Speak” as the manuscript type during submission. Fellows Column manuscripts undergo peer review, although reviewers are aware of the authors’ identity.

Questions can be referred to members of the Fellows Column editorial review committee:

| | |
|--|--|
| Elayne DeSimone , column editor | Pat Kelley , column reviewer |
| Gary Laustsen , column reviewer | Mary Jo Goolsby , column reviewer |
| Debra Hain , column reviewer | Leslie Taub , column reviewer |

Reminders

FAANP would like to acknowledge Fellows who are ill or who need a word or words from FAANP. Please notify Diane Padden (dpadden@aanp.org) or Liza eccechini@aanp.org



FAANP OFFICERS AND COMMITTEES

FAANP Executive Committee

Chair – Diane Seibert, PhD, CRNP, FAAN, FAANP

Chair-Elect – Penny Kaye Jensen, DNP, FNP-C, FAAN, FAANP

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Selection Chair – Kahlil Demonbreun, DNP, RNC-OB, WHNP-BC, ANP-BC, FAANP

BOD Liaison – Frank Manole, DNP, MBA, ACNP-BC, FAANP

Selection Committee

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Joan E. Zaccardi, DrNP, APN-BC, FAANP

Nomination Committee

Kate Gawlik, DNP, RN, APRN-CNP, FAANP

Mary B. Neiheisel, MSN, EdD, FAANP, BC-FNP

Veronica Wilbur, PhD, APRN-FNP, CNE, FAANP

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We welcome contributions from our members for the Forum. Please send your topics to
Mary B. Neiheisel at C00254687@louisiana.edu

Do you have an achievement you would like to share with us?

We highlight self-reported accomplishments of our fellows in our newsletter published quarterly. If you would like to share newsworthy accomplishments please go to URL: <https://www.surveymonkey.com/r/FAANPAchievements> Your accomplishments will appear in the Forum, our fellow's newsletter. (Note: we reserve the right to edit your entry to conform to allotted space).