



State Policy Fact Sheet: North Carolina

Nurse Practice Act: N.C.G.S.A. Chapter 90, Article 9A

Regulatory Structure: Restricted Practice

North Carolina restricts nurse practitioner (NP) licensure and practice by requiring physician delegation and supervision.

North Carolina NPs must have a career-long agreement with a physician as a condition of licensure and practice. See the Joint Subcommittee for more information.

21 NCAC 36.0810

Regulatory Agencies

NP licensure is regulated by the [Joint Subcommittee of the Board of Nursing \(BON\)](#) and the [Medical Board](#).

N.C.G.S.A. § 90-171.23

Licensure Requirements

Requirements include a registered nurse license and national certification.

21 NCAC 36.0805

Continuing Education (CE)*

Fifty CE hours are required every two years. See the BON for details.

21 NCAC 36.0807

Medical Staff Membership**

NPs are permitted to join medical staffs.

10A NCAC 13B.3704

Signature Recognition on Items of Patient Care

- Physical Therapy: NPs are authorized to refer to physical therapy.
21 NCAC 32M.0102
- Parking Permits: NPs are authorized to provide proof of disability for disabled parking permits.
N.C.G.S.A. § 20-37.6
- DNR: NPs are not presently authorized to sign Do Not Resuscitate orders.
N.C.G.S.A. § 90-21.17
- Death Certificates: NPs are authorized to sign death certificates.
N.C.G.S.A. § 130A-115
- North Carolina Provider Orders for Life Sustaining Treatment (POLST)/Medical Orders for Scope of Treatment (MOST):
The North Carolina MOST form may be signed by an NP.
N.C.G.S.A. § 90-21.17

*Contact hours in specific topics may be required. Please contact your state Board of Nursing for current information.

**Medical Staff Membership refers to governing and voting privileges and is not reflective of clinical or admitting privileges within institutions.

DISCLAIMER: The material contained in this fact sheet is offered as information only and not as practice, financial, accounting, legal or other professional advice. Correspondents must contact their own professional advisors for such advice.