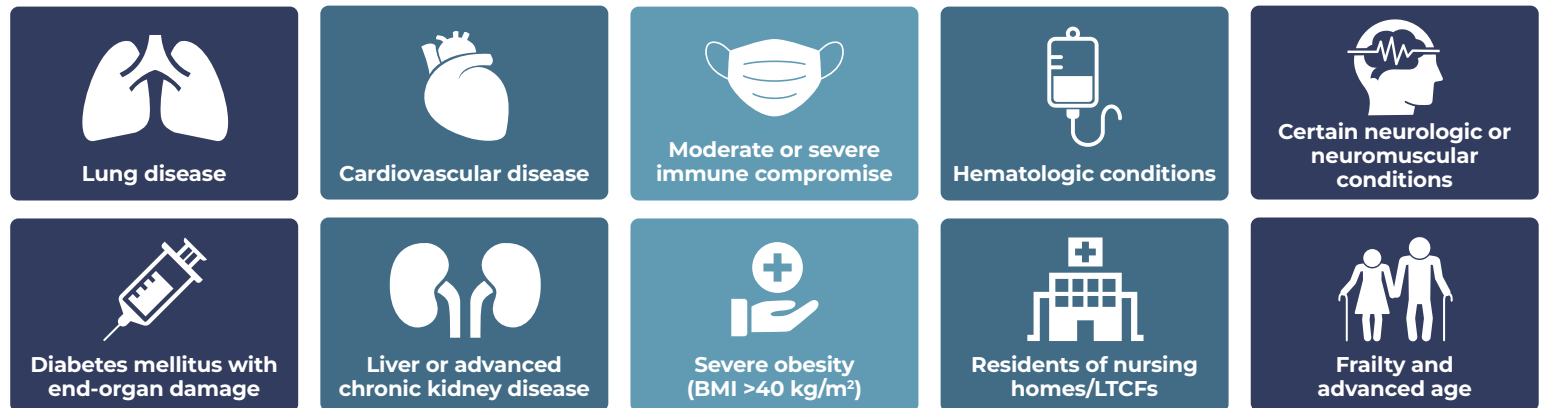


# Integrating RSV Vaccination Into Clinical Practice

## Know the Risk of RSV

Older adults are at high risk for complications and death from respiratory syncytial virus (RSV), especially those with comorbidities. In adults aged 65 years or older, RSV is as dangerous as influenza.

### Factors Associated With Increased Risk of Severe RSV Disease



## RSV Vaccination as Prevention

In adults 60 years of age or older, RSV vaccines have shown 80% efficacy at preventing RSV-associated hospitalizations and 81% efficacy against RSV-associated ICU admission, death, or both.

### Single-dose RSV vaccine is recommended for:

All adults aged 75 years or older

Adults aged 50-74 years who are at increased risk of severe RSV disease

New update voted on by ACIP!

Shared clinical decision-making no longer included in recommendation

## Counseling

### ABCs of RSV Vaccination



#### ● Assess every patient

Older adults are at risk for severe RSV disease, especially those with comorbidities

#### ● Bring up vaccination

RSV vaccines for older adults are safe and effective

#### ● Confirm vaccination

Follow up on vaccination status at every opportunity if not vaccinated

## Start With a Presumptive Approach

Instead of saying:

Do you want the RSV vaccine today?

Say:

Today you are due for the RSV vaccine. This is an important vaccine that prevents people from getting sick or being in the hospital from the RSV virus, a respiratory virus like influenza.

## Next Steps If Your Patients Seem Hesitant

If patients seem hesitant about a vaccine, it doesn't mean they won't accept the vaccine

- Share importance of the vaccine
- Address their questions and concerns using the **5 As**
- Be empathetic and validate their concerns

Is it okay to talk a little more about the RSV vaccine and discuss any questions you may have?

I am just not sure about it. I'm concerned about the side effects.

That's understandable. Can you tell me what side effects worry you the most?

**Ask** patients about their perspectives about vaccination and whether they are ready to receive vaccination

**Advise** on benefits of vaccination

**Assess** patient questions and concerns

**Assist** in making progress together, blend in what the patient feels and thinks

**Arrange** for vaccination at your practice or at other locations where the vaccine is offered

## What's Your Why?

- **Step 1:** Gratitude - - - - - ● "I appreciate you taking the time to discuss RSV vaccination..."
- **Step 2:** Determine Where They Are - - - ● "On a scale of 0-10, with 0 being, 'I will never get vaccinated under any circumstances,' and 10 being, 'I will definitely get vaccinated,' what number are you?"  
*If they say anything other than 10, move to open-ended questions about "What's Your Why?"*
- **Step 3:** What's Your Why?
- **Step 4:** Listen Completely
- **Step 5:** Affirm All Connections - - - - - ● "What would you say has been your main reason for not getting vaccinated yet?"
- **Step 6:** Provide Factual Information
- **Step 7:** Offer to Help Get Them Vaccinated Today
- **Step 8:** Offer Gratitude

**Promote vaccine equity by using every patient visit type as an opportunity to vaccinate**